

GRIP Leadership Conference

On Wednesday 4 March, I had the privilege, along with the other Year 5 Peer Leaders, to go to the GRIP Leadership conference with Mrs Eckert and Miss Drew. I found out that there are three important steps to being a leader. They are to know the way, go the way, and show the way. This means that to be a good leader, you know what the school needs, you need to be the first to actively do what others should do, and you should lead by example by working alongside others. The conference gave me some ideas on some things I could start here at Hope.

Overall I thought it was a great experience and I loved it, especially the game 'Loud Noises'. The two people who were leading it were really funny and they were always cracking jokes. They made learning fun by working the lessons into the games.

Isabella Riggs (Year 5 Peer Leader)



Secondary Sports Day

Elliot 1615 points

Saint 1972 points

FLEMING 2018 POINTS



Finance Matters

PAYMENT OF FEES

Term 1 Fees were due for payment on 21 February and we thank all of our families who have made their payments or set up a payment plan.

Please contact Finance if your income has been affected by the COVID-19 Health Alert and you are having difficulty meeting your fees. Minimum payments can be set up and Fee Relief can be considered.

MISSING FEE PAYMENT

The College has received two payments for fees and we have been unable to identify which family the payment belongs to.

- A payment from the Police Credit Union.
- A cash deposit through the Salisbury branch.

If you have made a payment and have not received a receipt from the College, please contact finance@hopecc.sa.edu.au to claim the payment. You will need to be able to identify the exact amount of the payment and the date it was made.

Please remember always to include your **FAMILY CODE** when making deposits to the College account; this code can be located on the top of your Fee Statement.

SCHOOL CARD

Please apply for School Card Concession **NOW** if you have not already done so. The simplest way to apply is online at <https://www.sa.gov.au/topics/education-and-learning/financial-help-scholarships-and-grants/school-card-scheme>.

Alternatively, a printed copy of the form can be obtained from the College Office. Please ensure your form is provided to Finance as soon as possible.

SCHOOL BANKING

The health, safety and wellbeing of our community is our first priority. Due to the rapidly developing situation with Coronavirus, School Banking has been temporarily paused from **20 March until the start of Term 2**. Please don't bring your deposit book with your weekly banking into school and we will notify you when banking will recommence.

Junior School Awards and Certificates

In 5K we have been learning the books of the Old Testament in order. Congratulations to Timothy, Deng, Ewan, Manyon, Zach, Asheri, Edith, Lucia, Michael, Jacob, Charli, and Dawt, who have been successful so far.

1H Mrs Harvey and Mrs Lungley's Awards

Nathaniel Kanari, for showing courage
Garang Garang, for having a great start to a new school
Eleanor Higgins, for being such a fabulous helper in the classroom

2W Mrs Wright's Awards

Giuseppe Carbone, for striving to be the best he can be
Alek Dhieu, for being so caring and helpful to everyone around her
Eleni Adams, for showing courage

4S Mrs Scott's Awards

Grace Martin, for showing courage
Imelda Tota, for always being positive and friendly, and excellent behaviour
Tyron Summers, for great behaviour and attitude in class

Literacy Pro Certificates

Blue Certificate (reading enough books to earn 25 points)

Grace Nehme
Moivabah Fofana
Jean Kamara
Litia Qeramoto
Majok Pager
Kaylee Pomfret
George Varghese
Hezekiah Garland
Lueth Pager
Katie Hatley
Mayowa Owolabi
Dim Phiampu
Owen Hayes
Daniel Turcin
Hannah Ashby
Rebecca Munoz

Red Certificate (reading enough books to earn 50 points)

Bailey Tingey
Saviour Duku
Moivabah Fofana
Max Chamings
Dim Phiampu
Adrian Aguek

PARENTS' CORNER

FROM THE HEAD OF SECONDARY SCHOOL

'Do Not Fear' (A timely devotional thought)

It goes without saying, we live in turbulent times. Devastating hurricanes, floods, droughts, hailstorms, raging bushfires, violence, fears of global warming and pandemic viruses have regularly been in the news in recent months. One would be forgiven for thinking we have no hope. As Christians, however, we are constantly assured in the Bible that we CAN have hope as we entrust our lives to our perfect Father, God, Lord, and Master, Jesus Christ, and the comfort of the Holy Spirit. We are never promised life will be 'plain-sailing' or a 'bed of roses', but we are guaranteed God's everlasting presence, comfort and love in the midst of trials.

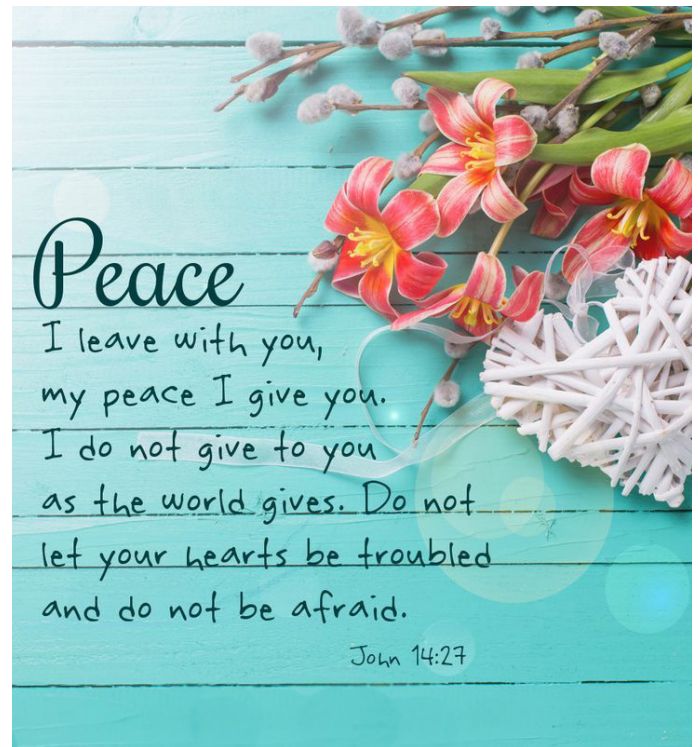
I haven't counted for myself, but I've heard it said, 'Fear not,' is in the Bible 365 times. We are taught and strongly encouraged not to be afraid.

Do not fear. All that causes you worry and anxiety (80% about which you cannot do anything), give it to Him. Replace those fearful thoughts with His words of truth and hope. Sleep in peace tonight. God knows what concerns each of us. He's got you covered. Peace.

A great acronym to remember when feeling fearful is FEAR: Face Everything And Rise. With Jesus Christ we can face any fears, doubts, worries, anxious thoughts or concerns that may come into our minds. Jesus can help us face and address them, and help us rise above them. Our fears can be overcome by totally trusting in Christ. In contrast, we should have a healthy fear (awe, respect and honour) of the LORD. It is reverence that brings godly wisdom. The Book of Proverbs is a great book to read to show how we can gain godly wisdom.

For I am the Lord your
God who takes hold of
your right hand and
says to you,
*"Do not fear,
I will help you."*

ISAIAH 41:13



Also, if you have a Bible handy, why not look up some of the scriptures that follow and meditate on them:

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7

"I said, 'You are my servant'; I have chosen you and have not rejected you. So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand." Isaiah 41:9-10

"For God has not given us a spirit of fear, but of power and of love and of a sound mind." 2 Timothy 1:7

"Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go." Joshua 1:9

See also:

John 14:27, Luke 12:22-26, Isaiah 41:13-14, Psalm 23, Psalm 46:1, Psalm 46:10, Psalm 91:1-16, Psalm 118:6-7, Psalm 34:4, Romans 8:38-39, Deuteronomy 31:8, Isaiah 43:1, 1 John 4:18

Bible Verses For Anxiety and Worry

https://www.youtube.com/watch?time_continue=3601&v=1E3ytLd7uJA&feature=emb_logo

BULLYING NO WAY – NATIONAL DAY AGAINST BULLYING AND VIOLENCE

In Week 8, Friday 20 March marked the 'National Day Against Bullying and Violence'. Each day students were once again reminded what constitutes bullying and harassment and given strategies how to report and combat it.

National Definition of Bullying for Schools – Developed by Educators Across Australia

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Fast Facts

- Approximately one in four Year 4 to Year 9 Australian students (27%) reported being bullied every few weeks or more often.
- Approximately one in five young school students reported experiencing online bullying in any one year.
- Prevalence varies across student ages, with bullying reported most frequently among Year 5 (32%) and Year 8 (29%) students.
- 83% of students who bully others online also bully others in person.
- 84% of students who were bullied online were also bullied in person.
- Peers are present as onlookers (bystanders), and play a central role in the bullying process in 85% of bullying interactions.

https://bullyingnoway.gov.au/NationalDay/Documents/nda_2020_info_kit.pdf

No one should have to live in fear. We seek to make Hope Christian College a safe place for everyone all of the time. It is vitally important that students ensure they always behave in a respectful manner, speaking to and treating others as they would wish to be spoken to and treated. This includes any use of social media. Students are also required to report to a trusted adult any inappropriate behaviour towards themselves or a peer as soon as possible so it may be investigated thoroughly and all parties assisted accordingly. Parents, please also report any matters of concern shared with you by your child at home with your child's class teacher, Home Group teacher or School Coordinator.

Need Help Now?

Kids Helpline www.kidshelpline.com.au 1800 551 800

headspace www.headspace.org.au 1800 650 890

Online bullying www.esafety.gov.au

The College aims to help all students learn to make positive choices in life. Sometimes they may get it wrong, in which case we try to educate them using Restorative Practices. Disciplinary and corrective consequences may or may not be included as part of the process as they reflect on their choices of behaviour.

Whether you go on Social Media or not, we live in a world where there is an increasing amount of anger, rudeness, mistrust and meanness. God's Word can be our strength in life where we may be tempted to give in to the things that divide us. Be encouraged by the excellent advice God gives us in 1 Corinthians 13:4, to "receive God's strength for the journey."



**National Day
of Action** against
Bullying and Violence

Friday 20 March 2020

WINTER UNIFORM

With the colder and wetter weather now on its way, parents and students are kindly reminded that all students are required to wear the College Winter uniform in Terms 2 and 3. Now would be a good time to locate your child(ren)'s winter uniform at home and check condition and sizing.

The College kindly asks parent to ensure your child(ren) is both dressed in the correct uniform and wearing it correctly from the moment they are in public and therefore representing the College.

Parents and students are reminded to read the College Uniform Policy available online via https://www.hopecc.sa.edu.au/wp-content/uploads/2020/02/HOPE_CC_STUDENT_UNIFORM.pdf

It is also compulsory for all students in Years 10-12 to wear the College blazer to and from the College. Year 12 students may wear their Year 12 jumper each day in its place, except for Fridays and other advertised formal occasions when they too are required to wear their blazer.

Please note: For the first two weeks of Term 2 students are permitted to wear their summer uniform if the weather is hot.

PARTNERING WITH PARENTS

This newsletter's offerings of online resources – aimed at helping to safely raise our children together.

11 Great Kids Safe Search Engines

<https://www.educatorstechnology.com/2018/01/11-great-kids-safe-search-engines.html>

Ads-free search engines: Kidtopia, Kid's Search Engine, Teach the Children Well, Kiddle, DuckDuckGo, GoGooligans, KidRex

Sites that support ads: Safe Search Kids, Fact Monster, Cybersleuth Kids, KidzSearch

<https://www.commonsensemedia.org/lists/kid-safe-browsers-and-search-sites>

Impact of TV and Gaming on Student Performance

<https://www.familyzone.com/anz/schools/blog/impact-tv-gaming-student-performance>

TV impact on student performance, gaming impact on student performance, not just about "screen-time"

Is Social Media Giving Your Teen a Negative Body Image?

<https://www.commonsensemedia.org/blog/is-social-media-giving-your-teen-a-negative-body-image>

According to Common Sense Media's body-image study, teens who are active online worry a lot about how they're perceived... Why are teens turning to the Internet for body image validation?

WATCH: 37-Year-Old Goes Undercover on Instagram as 11-Year-Old – Here's What She Learned About Child Predators (9.31mins)

https://www.youtube.com/watch?v=dbg4hNHsc_8&feature=em

A 37-year old mum goes undercover as an 11-year old girl to expose the dangers facing kids on social media platforms like Instagram, Snapchat, TikTok, and Kik. Left unsupervised, young children can be exposed to online predators, grooming, and psychological abuse within minutes. In 2018 alone, Bark alerted the FBI to 99 child predators. In 2019? That number is more than 300 — and counting. Each of these cases represents a real child experiencing real harm, and our challenge is to help parents and schools understand this new reality. But how do we tell stories without asking families to divulge too much? We started this project to explain online grooming to a generation who didn't grow up with this danger.

For Parents: How to Spot Online Child Predators and Protect Your Teen From Them

<https://fightthenewdrug.org/for-parents-how-to-spot-online-child-predators-and-protect-your-teen-from-them>

Red Flags, flattery, gifts, modelling job offers, asking for personal information, isolation, secret conversations, sending sexually explicit material, requests for sexual photos, threats. What to do if something happens? Stay calm, avoid punishment and blame, record and report all evidence, seek professional help for your teen.



College Calendar - Important Dates

	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	WEEK
APRIL	29	30	31	1	2	3 LAST DAY OF TERM 1	4	10
	Please note that all excursions and incursions have been cancelled until further notice							
	5 End of Daylight Saving	6 Pupil Free Day	7 Pupil Free Day	8 Pupil Free Day	9 Pupil Free Day	10 Good Friday	11	11

Term 2

APRIL	26	27 FIRST DAY OF TERM 2	28	29	30	1	2	1
-------	----	------------------------------	----	----	----	---	---	---