

2 August 2019 Volume 6 Issue 9

PARTY Program

On Thursday 4 July, 40 Senior School students attended the 'Prevent Alcohol and Risk-related Trauma in Youth' (P.A.R.T.Y.) Program at the Royal Adelaide Hospital with Mrs Dawson, Mrs Simon and Mr Lungley. Students were educated about the consequences of risky decisions. The program focused on preventing accidents before they occur by giving real-life experiences in the emergency and trauma units of the hospital. Students experienced the Emergency Department, Intensive Care Unit, as well as rehabilitation activities with physiotherapists and speech pathologists. Students also heard a presentation from a trauma survivor who suffered as a result of another person's risky decision.

Here are just a few of the things students took away from the day:

"I learned that one split second choice can have a lifetime impact, and the importance of looking out for my mates." "Have a 'Plan B' on getting home. Call 000 straight away." "It was really helpful and will have a positive impact on my life."

"I learned a lot, mostly about making decisions that can save another person's life."

Overall students found this a valuable experience and would highly recommend this to other students when they have the opportunity to attend.



Science & Engineering Challenge

On Wednesday 26 June, a number of students from Years 9 and 10 attended the Science and Engineering Challenge. They were accompanied by Mrs Wolfendale, Mr Marshall, and Ms Thomas.

The Hope Christian College team came seventh out of eight teams, but came second in the bridge competition, which is the main event of the day. Our bridge went right through the bridge buster with its built-in crumple zone. These students had no practice and never even thought of building a bridge – what an impressive result.

Behaviour and enthusiasm on the day were commendable. One Year 9 student commented, "I thought I'd be hopeless as Science isn't my thing, but I had a great time and did well."

Mrs Rosanne Wolfendale (Science Coordinator)





Finance Matters

TERM 3 FEE ACCOUNTS

Term 3 Fee Statements were issued via email on July 10. The 2% of our families who do not have an email address should have received their Statement in the mail. Term 3 Fees are due for payment by **AUGUST 16.**

ARE YOU PAYING YOUR FEE ACCOUNT VIA ACCESSPAY?

The College has received five payments for fees via ACCESSPAY. We have been unable to identify which family the payment belongs to. If you have set up a payment arrangement using ACCESSPAY and have not received a receipt from the College, please contact finance@hopecc.sa.edu.au to claim the payments. You will need to be able to identify the exact amount of the payments and the dates they were made.

ARE YOU MISSING A RECEIPT FOR PAYMENT?

We have received a cash payment from an Elizabeth branch for College Fees and we have been unable to identify which family the payment belongs to. If you have not received a receipt for your College Fee payment, please contact finance@hopecc.sa.edu.au with the exact amount and date you made your payment.

Please always remember to include your **FAMILY CODE** when making deposits to the College account; this code can be located on the top of your Fee Statement.

Art Room Requests

The Middle and Senior Art Room is in need of:

- Newspapers
- Unused overhead projector sheets
- Clean bottle caps
- Metal coat hangers (spare ones excess to your needs, rather than throwing them away into landfill. The Year 6 students will transform them into sculptures).

We thank you very much.

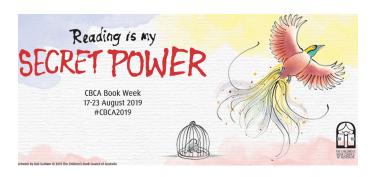


R-7 Book Week

A reminder that our celebration of Book Week is on Monday Week 5 (19 August) this year.

Students from Reception to Year 7 are able to dress up as their favourite character or something relating to the theme 'Reading is my Secret Power'. There will be prizes for the best boy and girl from each class.

Looking forward to seeing your costumes!



Walkathon

A final update for Walkathon this year. Miss Fairley's class won the pizza lunch by raising \$1,080.25. The total raised for Walkathon 2019 was...

\$8,523.15!

Music Tuition

There are some vacancies in the Music Tuition program for those who are looking to have one-on-one tuition with a private tutor during during school hours. The cost is \$260 per term. All enquiries and enrolment forms to the Music Tuition Coordinator, Mrs Griffith.

Reminder to parents of current Music Tuition students

Absences from tuition need to be communicated directly to the coordinator, Mrs Griffith (as advised in your information letter) via Mrs Griffith's mobile number. Lessons will be charged for otherwise. Thank you for your understanding.

PARENTS' CORNER

FROM THE 6-12 DEPUTY PRINCIPAL

UNIFORM & GROOMING

A very big thank you to all parents and caregivers who have been working with us to help ensure their child is not only wearing the correct uniform, but wearing it correctly. When conducting enrolment interviews I often hear parents giving positive feedback about how smart our students are. The same is true of students attending excursions. Wearing a uniform provides equity, helps an individual develop self-discipline, personal organisational skills, a sense of healthy pride and belonging, and leads to the development of valuable life skills.

Thank you also to those who have been ensuring their child(ren) arrives on time at the College with enough time to enable them to be prepared for morning Home Group. We recommend students are on the College grounds by 8:30am. Punctuality is another valuable life skill students must develop.

Mr Phil Tarrant (Head of Secondary School)

DEVOTIONAL THOUGHT

It Takes A Village...

For Hope Christian College staff, Term 3 began with our two-day biennial conference with other South Australian C.S.A. (Christian Schools Australia) schools. Among the presenters were eminent researchers and presenters Dr John Dickson and Dr Rob Loe, as well as numerous other individuals who delivered a range of workshops and seminars. The theme of the conference was 'It Takes a Village'. This phrase is considered to be based on an African proverb that means that an entire community of people must interact with children for those children to experience and grow in a safe and healthy environment.

"Educational outcomes are linked to the overall wellbeing of our young people — students do better when they are happy, have a sense of belonging and have a range of positive influences in their lives outside school. Education has the power to transform the opportunities and life outcomes of children and communities. When students fall behind due to education disengagement or disadvantage this can significantly impact their future and ability to reach their full potential".

http://ittakesavillage.org.au

One of the main principles that kept coming through during the conference was the need for everyone involved in the educational process to value the importance of building respectful relationships, belonging and connectedness.

The College Vision statement aptly underpins this: 'Developing the whole child in a caring, nurturing environment in the knowledge of the gospel of Jesus Christ.'

This is further enhanced by the 'Words of H.O.P.E.'

- **H**ope of the Gospel of Jesus Christ
- Opportunity to grow together in a caring community
- **P**romise of future possibilities
- Excellence in teaching and learning

It is our desire that all children God has placed in our care will come to know their true value and worth as one of God's unique creations, decide to accept God's offer of eternal relationship with them, and thereby enter into God's purpose for their lives that brings ultimate fulfillment and satisfaction.

A devotional thought that may help us outwork this...

Give Your Children Self-Confidence

'Direct your children onto the right path, and when they are older, they will not leave it.' Proverbs 22:6 NLT

Journalist William Hodding Carter famously quoted the German poet Goethe when he wrote, 'There are only two lasting bequests we can hope to give our children. One is roots; the other is wings.' Children who know they are loved unconditionally are children with roots. Consequently, they're able stand up to whatever life throws at them. By the same token, when you instill in your children a sense of self-confidence and encourage them to dream, you're giving them wings. And any time children are given the will to win, they're already halfway to success. But if you let them grow up without it, they're already halfway to failure. That means as a parent (or teacher) you must demonstrate faith in your children so that they learn to have faith in themselves.

Every child has a God-given seed of greatness within them, and when you let them know you believe in them, you're watering that seed and giving it a chance to grow. Have you noticed how people generally rise or fall in accordance with your level of expectation? When you constantly criticise children they grow up to be negative, self-doubting, and fearful. But when you believe in them and assume they will do well, they'll go the extra mile by trying to live up to your expectations. It's your faith in them that creates the environment in which they learn to fly!

Give them money and they'll spend it.

Give them resources and they'll squander them. But give them faith in God and in themselves, and chances are they'll excel at whatever they do in life. https://vision.org.au/the-word-for-today/2019/02/05/give-your-children-self-confidence/



Education is <u>everyone's</u> business PARTNERING WITH PARENTS

Again, as a means of assisting parents in the onerous task of responsibly parenting their children in a rapidly changing digital online world, here are this month's suggestions from around the net.

Does your child have social media FOMO: fear of missing out?

https://www.netnanny.com/blog/does-your-child-fomo/ "The sounds are all too familiar. A ping, a chirp, a pulse; a fun ring tone or a simple vibration for a text, a tweet, an Instagram post, a Snapchat picture. Hard to resist looking; hard to resist responding. We have all become Pavlov's dogs. The bell rings and we salivate — or at least jump to look at who is reaching out to us. Kids — and parents, too — are suffering a new kind of social anxiety — one that I call 'Twitter anxiety, Snapchat insanity, and Instagram depression.' As parents, we need to help our kids deal with FOMO — the 'Fear of Missing Out.' Below are five areas that you can work with your child help reduce social media anxiety: Empathy, Strategy, Limits and

10 things my tween daughter should know before she posts

www.netnanny.com/blog/10-things-my-tween-daughter-should-know-before-she-posts/

Social media conduct for tweens in 10 steps:

- Your online presence is an extension of you
- To whom much is given, much is required
- There are frauds everywhere

Boundaries, Be Informed, Model."

- Words do hurt
- Pictures tell more than 140 characters
- You can influence how someone thinks
- Someone is always watching you
- The Internet and everything that you post on it is a time capsule
- Less is more

You're more valuable than a 'like'

Bonus social media tip: No connection will ever be quite as powerful as face-to-face, hand-to-hand, or eye-to-eye. Develop your personality and your social skills to thrive in both the physical and virtual worlds. You have a smile that rivals with the sun; eyes that make a challenge shake in its boots; and a spirit that is only possessed by you.

When kids are home from school, pornography searches increase 4,700%

www.netnanny.com/blog/pornography-searches-increase-4700-when-kids-are-out-of-school

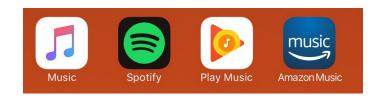
According to Google Analytics, pornography searches increase by 4,700% when kids are using the Internet in the hours after school ends. Like it or not, teens are using their devices to access pornography on a regular basis in today's technology driven society. Where previous generations were cautious of a stolen Playboy magazine, current parents are looking for guidance on how to shield their teens from the ever available, Internet pornography.

The average child is now accessing pornography at the age of 11. Only 3% of teenage boys and 17% of girls have never seen online pornography. As uncomfortable as it can be to talk with your teenagers about pornography, we must. Programs, such as 'Net Nanny', can help with monitoring, setting boundaries and parental controls.

Explicit content in 7 top music apps – a parent's guide www.protectyoungminds.org/2019/07/02/explicit-content-7-top-music-apps-parents-guide/

The American Academy of Pediatrics warns, "Music plays an important role in the socialization of children and adolescents... Parents often are unaware of the lyrics to which their children are listening because of the increasing use of downloaded music and headphones... Lyrics have become more explicit in their references to drugs, sex, and violence over the years... It is essential for pediatricians and parents to take a stand regarding music lyrics."

This article gives a rundown on music apps form safest to scariest: Apple Music, Amazon Music, Pandora, iHeart Radio, Spotify, Google Play Music, Tidal.



Is 'Houseparty' safe for kids?

https://www.youtube.com/ watch?v=nQ8lERa1erE&feature=youtu.be

Houseparty is a video-chat-based social networking app where users interact through video streaming. The dangers of Houseparty are limited because it requires everyone to agree to the chat, but it still might not be safe for kids. Our video guide will cover what parents need to know about this app.

Parent alert: is 'Roblox' safe for kids? Watch out for these four dangers...

https://www.protectyoungminds.org/2019/07/23/isroblox-safe-for-kids-4-dangers/

- Beware of predators using third-party chat apps
- Watch out for sexualised avatars
- Be cautious with Roblox YouTube videos
- Look out for 'bypassed' audios

In conclusion, as always, parents are encouraged to have those courageous conversations with their child about such matters and keep open lines of communication. It is also wise to place careful boundaries in place to safeguard everyone's wellbeing. Having digital devices in bedrooms is strongly discouraged, to avoid succumbing to the temptation of checking notifications, being distracted by social media and inappropriate internet browsing. Furthermore, adequate and good quality of sleep is a valuable commodity necessary for overall health, wellbeing and effective learning to occur.

Mr Phil Tarrant (Head of Secondary School)

Uni Open Days

UNIVERSITY OF ADELAIDE

Sunday 18 August 2019

TABOR

Saturday 17 August 10am-3pm

UNIVERSITY OF SOUTH AUSTRALIA

Sunday 18 August 9am-4:30pm

Aviation Open Day

Mid North Christian College offers an exciting course in Aviation Studies to students in Year 10 and 11. The course will be offered in 2020 on the basis of one week per term over two years. Please attend the annual Aviation Open Day will be held on Friday 23 August to find out more.



KIDS TAEKWONDO

Munno Para Primary School Maltarra Rd, Munno Para Mondays 6.00 pm to 6.45 pm

YOUTH AND ADULTS

7pm to 8pm

Tel: 0412 909 500 0411 265 023 (Michael McVeity)

www.worldtaekwondo.com.au

Gazelles Netball Club SEASON We are a Sports Voucher provider - using

your voucher will get \$100 off your child's fees - ask us how! Conditions apply

Regos open August 7, 2019 · via MyNetball website

Open to all players of any level, from U9 (NetSetGo) to senior A grade. Contact the club by Facebook or email for registration link and trial dates - info@gazellesnetballclub.com



College Calendar - Important Dates

	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	WEEK
AUGUST	4	5	6 Kindy Transition Day 9-11am	7 NZ Middle Boys Basketball Carnival	8 Kindy Transition Day 9-11am	9 Kindy Transition Day 9-11am	10	3
	11	12	R-9 Culture Day / Japanese Theatre Incursion	14 NZ Open Boys & Girls Soccer Carnival	15	16 Yr 12 Flinders Uni Open Day Excursion	17	4
	18	R-7 Book Week Parade Author Visit - Andrew McDonough	Yr 11 SAPOL Road Safety Session	21 2020 Senior School Information Night	22	23	24	5
	25	26	27	28	29 COLLEGE PHOTO DAY	30	31	6