



HOPE
CHRISTIAN COLLEGE
Hope Opportunity Promise Excellence

28 June 2019

Volume 6 Issue 8

Year 9 Mount Lofty Walk

Mrs Dabrow, Mrs Dawson, Mr Jory and the Year 9 PE class set off for Waterfall Gully bright and early on Week 9 Monday morning. The weather forecast was set for rain, but thankfully it held off. The conditions were cold and foggy. With great enthusiasm, the group tackled the difficult climb. Students were put through their paces with everyone achieving the summit. It was a good team building exercise in preparation for the Year 9 camp in Term 3. It was great to see the students pushing their personal limits, and thankfully the cloud cleared just before we left, giving some first timers an amazing view of Adelaide. Thanks be to God, Mrs Dabrow, Mrs Dawson and the ever popular Jeremy the Bus Driver, who brought us home.

Mr Mark Jory (Health & PE Key Teacher)



Year 6/7 Quiz Day

On Tuesday 25 June, Miss Ryoo and Mrs Zerna took 11 students from Year 6 and 7 to the JLTASA (Japanese Language Teachers Association of South Australia) 6/7 Japanese Quiz Day. Whilst we did not win overall, a lot of fun was had connecting with students from other schools and competing on topics such as culture, kanji and vocabulary. Two of our students even managed to win some mini competitions. Well done, Anika (Year 7), for winning the mega Jankenpon (Japanese rock, paper,

scissors) competition and Bailey (Year 6) for winning the Kendama challenge. A special visit from Pikachu was also a highlight of the morning. We look forward to next year's quiz day competition!

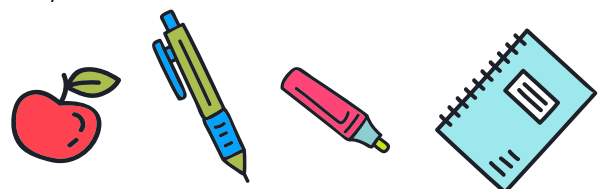
Mrs Jo Zerna (Japanese Key Teacher)



Term 3 Commencement

Term 3 commences on WEDNESDAY JULY 24.

Parents, please note that Term 3 commences on Wednesday July 24 due to staff being on a two day conference on the Monday and Tuesday of that week. The College will NOT be open at all on Monday and Tuesday.



Finance Matters

TERM 2 FEE ACCOUNTS

Term 2 Fee Statements were issued via email on May 16. The 2% of our families who do not have an email address should have received their Statement in the mail.

Term 2 Fees were due for payment by June 7.

If you have not yet paid your fees and do not have a payment plan in place, your fees are now **OVERDUE**.

ARE YOU PAYING YOUR FEE ACCOUNT VIA ACCESSPAY?

The College has received two payments for fees via ACCESSPAY. We have been unable to identify which family the payment belongs to.

If you have recently set up a payment arrangement and have not received a receipt from the College, please contact finance@hopecc.sa.edu.au to claim the payments. You will need to be able to identify the exact amount of the payments and the dates they were made.

Please always remember to include your **FAMILY CODE** when making deposits to the College account; this code can be located on the top of your Fee Statement.

Year 8 Orienteering

All Year 8 classes this term participated in an Orienteering Excursion at Thorndon Park as part of their Health assessment on The Great Outdoors. Orienteering is a group of sports that require navigational skills, using a map and compass to navigate from point to point in diverse and usually unfamiliar terrain. Students were given a topographical map of the park, which they use to find control points. For many students, this was the first time having to use map skills in a real setting and it certainly challenged them. Below are a few photos of students reading their maps and trying to find the controls points.



P.A.R.T.Y. Program

Hope Christian College is very excited to be taking 40 Senior School students to the Royal Adelaide Hospital on a Christian Life excursion on Thursday 4 July. The Prevent Alcohol & Risk-related Trauma in Youth Program (P.A.R.T.Y.) educates students about the traumatic consequences of risky decisions. The Program focuses on preventing accidents before they happen by giving Senior students real-life experiences in the emergency and trauma units of the Royal Adelaide Hospital. Students experience the Emergency Department, Intensive Care Unit, a triage scenario, as well as rehabilitation activities such as physiotherapy and speech pathology, and are shown the graphic effects of risk-related behaviour such as drinking, drug use and texting while driving. The Program features doctors, nurses, emergency workers and allied health professionals who tell their stories in the hope that they can help reduce the incidence of trauma.

This is a reminder to students attending that they need to be at the College at 7:40am and will need to be picked up from the College at 3:45pm. If you rely on public transport, please make sure you are arriving at school in time. Students are to wear their P.E. uniform and bring a bag with their lunch and water bottle.

Newspapers Needed

We need your help! Newspaper supplies for the Hope Art Room are critically low. If you have any old newspapers, please don't throw them away – donate them. Thank you in advance.

Student Achievement



Annabelle MacEachern in 4S has been selected to train in a national swimming squad. Congratulations, Annie, and all the best for your training.

Year 4 Poem



The following is a poem about endangered species written by Hannah Ashby in 4S.

Tigers, lizards, pandas too!
Watch out, 'cause there's so very few,
They might disappear, so we've got to look out!
I almost want to pout and shout!

No brontosaurus block motorways,
We've missed them, all these hot, hot days!
No more tyrannosaurs are there.
Before, they were 'most everywhere.

So we must appreciate what we've got!
On the whole, it's not a lot.
But we can save them! Yes, we can!
And of this I am a great fan!

Walkathon

Thank you very much for everybody's excellent contribution towards raising the money for the 2019 Walkathon. Our goal was \$7,000, which we have passed. In fact, the total money we raised was \$7,378.15! The top three classes who raised the most were 4F with \$856.00, RT with \$825.20, and 1A

If you still have not brought in your donations, please do so as soon as possible.



Music Tuition

There are some vacancies in the Music Tuition program for those who are looking to have one-on-one tuition with a private tutor during school hours. The cost is \$260 per term. All enquiries and enrolment forms to the Music Tuition Coordinator, Mrs Griffith.

Reminder to parents of current Music Tuition students

Absences from tuition need to be communicated directly to the coordinator, Mrs Griffith, (as advised in your information letter) via Mrs Griffith's mobile number. Lessons will be charged for otherwise. Thank you for your understanding.



Academic Reports

This term is the last time that Academic Reports will be printed and mailed home. As of next term, the Academic Reports will be accessible via SEQTA Learn and Engage. A new invitation has been sent for those who have not yet activated their account.

OSHC

OSHC Vacation Care is just around the corner! We have a great program including:

- 'Toy Story 4' and 'Secret Life of Pets' at the cinemas
- Excursion to the Marine Discovery Centre
- A variety of craft and cooking activities
- Make My Bear incursion
- PJ Day, Pancakes and more!

For all enrolled OSHC and Vacation Care families, we have a successful Facebook page. This purpose of this page is to keep our families updated and informed. This page is not for bookings, but for important information you may need to know throughout holidays and term time.

www.facebook.com/groups/HopeOSHC/



PARENTS' CORNER

FROM THE 6-12 DEPUTY PRINCIPAL

A DEVOTIONAL THOUGHT

Senior school students have just sat their mid-year exams and all Reception to Year 12 students have been reported upon their overall academic success. Others may have taken their L's or Vocational Educational Training tests. I am grateful God does not judge us, His children, according to our academic successes, passes or fails. As we reach the halfway point of another year may we all use part of the mid-year break to make time to

reflect and refresh ourselves. It is good not only to reflect upon what has been achieved well and how to improve areas in which we lack, but also to evaluate our state of mental, physical and spiritual health and wellbeing. We encourage the holistic value of time set aside in seeking how God views us, and delighting in the comfort and strength gained from that knowledge and experience.

From the writings of the Rev. Billy Graham: God views us much differently than how we view ourselves

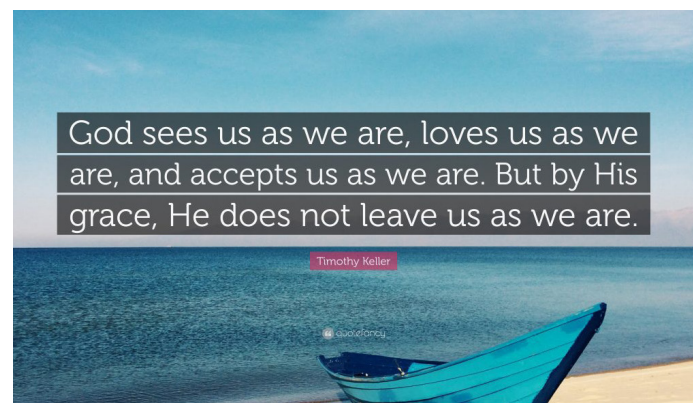
Q: Does God view people the same way we view ourselves?

A: Humans view life from a personal point of time and space, but God views us from His heavenly throne in the light of eternity. There is the person you think you are. There is the person others think you are. And there is the person God knows you are, and who you can become through Christ.

All truth is from God, whether scientific, psychological, philosophic, or religious, and He wants us to believe His truth, which points us to the cross. It is there that we find forgiveness of the sins of "self", and we also find the solution to dilemmas and problems.

The wisdom of this world is cynical compared to what was accomplished by the death and resurrection of Christ. The apostle Paul said, "For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written: 'I will destroy the wisdom of the wise'" (1 Corinthians 1:18-19).

It is impossible for the "natural man" (the one who does not know Jesus Christ as personal Savior) to understand how God, in His grace and mercy, can forgive sinners and transform lives. It is also impossible for the natural man to comprehend how these changed lives can affect society. Those with their worldly wisdom do not understand the workings of God. But you can know the Lord Jesus today if you will receive Him by faith.



UNIFORM MATTERS

The updated Hope College Uniform Policy and PERM-A-PLEAT SCHOOLWEAR Price list is now available from the College Front Office. Please note the pictures of appropriate school shoes to be worn with formal uniform as well as with PE uniform. The Uniform Shop trades during part of the second week of the mid-year break, and during term time on Mondays 8:00am – 12:00pm and Thursdays 12:00pm – 4:00pm.

A couple of reminders please. Girls' winter skirts are to be BELOW the knees and not rolled up at the waist. Long sleeved shirts with sleeves down and ties (\$22.50) are to be worn by all students with the winter uniform. We would advise the purchase of the wet weather jacket (\$38.50) for extra warmth on those cold, windy or wet days. This is not to worn in place of the College blazer though for Senior Students.

Thank you to all those students who wear the correct uniform and wear it with pride which enhances the individual's and the College's reputation.

PARTNERING WITH PARENTS

The Carly Ryan Foundation

"Our vision is to create a positive experience online for all children, teens and young adults." – Sonya Ryan

<http://www.carlyryanfoundation.com/carlys-story>

We recommend this website for additional resources to assist parents in responsibly supervising and monitoring their child(ren)'s internet usage. See <http://www.carlyryanfoundation.com/resources> for further help.

Updated fact sheets can be obtained from the Carly Ryan Foundation Facebook page or by emailing info@carlyryanfoundation.com

Healthy Teen Screen Use at Night

Both in Europe and the US, more than 90% of adolescents have their faces buried in screens before bed. Often, this comes at a cost to sleep. Frequent screen users are much more likely to report falling asleep later, sleeping less, and waking during the night. Such difficulties are linked not only to poorer academic performance, but also increased risk of health issues such as diabetes and heart disease in later life.

<https://www.generationnext.com.au/2019/06/healthy-teen-screen-use-at-night/>

Teenagers, Sleep and the Brain

<https://www.generationnext.com.au/2012/04/teenagers-sleep-and-the-brain/>

Teen Sleep Deprivation and the Effect of Blue Light

<https://www.generationnext.com.au/2014/11/teen-sleep-deprivation-effect-blue-light/>

Please let us know if you are finding these articles and recommendations useful. If you come across any articles you consider other parents and caregivers may benefit from viewing, please send them to phil.tarrant@hopecc.sa.edu.au

Mr Phil Tarrant (Head of Secondary School)

Sonder Employment Solutions

Sonder Employment Solutions is a program aimed at migrants and refugees who receive income support payments and need support with finding employment. To find out if you are eligible and how to access the program, as well as other useful information, please visit <http://sonder.net.au/employment-solutions-clients/>



Gawler Show

It's nearly time for the 2019 Gawler Show and we would love to hear from you! Families can help children take part in a huge range of competitions. Entry is easy! Decide what you would like to enter and complete the entry form by visiting www.gawleshows.org.au Competition closure dates are available online.

The show weekend is Saturday 24 and Sunday 25 August.



College Calendar - Important Dates

JULY	30	1 Yr 6 Centre of Democracy & Art Gallery	2	3	4 Year 10 P.A.R.T.Y Program	5 LAST DAY OF TERM 2	6	10

JULY	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	WEEK
	21	22 NON STUDENT DAY – COLLEGE CLOSED	23 NON STUDENT DAY – COLLEGE CLOSED	24 FIRST DAY TERM 3	25	26	27	1
	28	29	30	31 Open Boys Basketball Carnival	1	2 Balaklava Eisteddfod: Middle Choir, Jibu Family Singers, Junior Choir, Middle Rock Band	3	2
AUGUST	4	5	6 Kindy Transition Day 9-11	7	8 Kindy Transition Day 9-11	9 Kindy Transition Day 9-11	10	3