

15 March 2019 Volume 6 Issue 3

## **Year 6-12 Athletics Day**

The Hope Christian College 2019 Athletics Day was another closely fought affair between the three communities, Saint, Elliot and Fleming. The new location of Kooronowa Reserve was fantastic, and coupled with the superb weather it was another great day.

Fleming was in front until the relays, where Saint made their move to claim top spot. There was a lot of excitement as the point scores were very close. Ultimately Saint prevailed with a score of 1709, Fleming second on 1671, and Elliot on 1471. There were many excellent individual efforts and several records were broken.

Under 12 Girls High Jump Ajah Akech 1.25m
Under 16 Girls Shot-put Muriel Bangura 10.1m
Under 15 Boys 200m Kyle Briggs 24.8
Under 12 Boys 200m Tully Feast 29.97
Under 12 Boys 100m Jayden Matthews 13.72
Under 14 Girls High Jump Adelaide Williams 1.44m
Under 14 Girls Triple Jump Adelaide Williams 8.7m
Open Boys Shot-Put Benjamin Scannell 13.2m
Under 12 Boys Long Jump Jayden Matthews 3.83m

Thanks to the Munno Para Little Athletics Club, staff, students and God for such a blessed and wonderful day.

### Mr Mark Jory (Health & PE Key Teacher)



## **Finance Matters**

#### **TERM 1 FEES ARE NOW OVERDUE**

Thank you to all the families who paid Term 1 fees by the due date.

If you have not yet paid your fees and do not have a payment plan in place, yout fees are now **OVERDUE.**Please contact the finance department <a href="mailto:finance@hopecc.sa.edu.au">finance@hopecc.sa.edu.au</a> to make arrangements for payment.

#### **MISSING FEE PAYMENT**

The College has received two payments for fees from the same person but is unable to identify who made the payments. If you have recently made two payments and did not receive a receipt, please contact <a href="mailto:finance@hopecc.sa.edu.au">finance@hopecc.sa.edu.au</a> to claim the payment. You will need to be able to identify the exact amount of the payments and the dates they were made.

Please remember to always include your **FAMILY CODE** when making deposits to the College account; this code can be located on the top of your Fee Statement.

### **TERM 2 FEE ACCOUNTS**

From next term, Fee Statements will be sent via email.

Please confirm your email address by emailing details to finance@hopecc.sa.edu.au by Friday March 22, 2019. Please ensure you include your FAMILY CODE in your email.

If you do not have an email address, please advise the College Office and a hard copy of your Fee Statement will continue to be mailed to you.

Thank you to all the families who have already responded.

# Year 6 SA Museum Excursion

On February 25, the Year 6 students visited the SA Museum to explore and learn about rocks in the world around us.

We visited many of the exhibits including the Mawson, Mineral, Opal, Ancient Egypt, South Australian Biodiversity, and Australian Aboriginal Cultures exhibits.

Although it was a very hot day, we were thankful for the air-conditioning inside the museum as we moved around in small groups. A big thanks to Mrs Simon, Miss Filsell, Mr Marshall and Sarah Bigwood for spending the day with us, along with Mrs Littlefair, Miss Rankin and Mrs Greenwood.

It was wonderful to see students engaged in explorative learning, finding answers to questions in each of the exhibits. Many of the students were eager to return and visit other exhibits again one day.







## **Senior PE Kayaking**

Some of the Year 10 PE class and the Year 11 and 12 PE classes kayaked at West Lakes during Week 5. The weather was fantastic and it was a welcome change from the colder weather in Winter when we have traditionally done this unit. The Year 11 students had the extra benefit of trying windsurfing, snorkelling and surfing, which they thoroughly enjoyed. Thanks to our sponsors, A1 Buses, for their tireless attention to detail, and the West Lakes Cafe for excellent snacks and coffee throughout the unit.

### Mr Mark Jory (Health & PE Key Teacher)



# Art Department Needs Your Help!

Can the Art Department please ask for your help? The Year 10 students are creating an artwork for ANZAC day made out of bottle tops, jar lids or even paint can lids (beer bottles and wine bottle tops won't work for this). Could you please help us by collecting your bottle tops of all shapes and sizes? Save them from landfill by putting them in a bag and taking them in to the College. I am looking forward to sharing this artwork with you once it is done. Bottle tops are needed by the end of week 8.

### Mrs Olivia Saman (Art Teacher)



## Faith & Chips

What an amazing start to the year it has been for our Faith and Chips group. We continue to have around fifty students each week gathering for faith, and of course the chips.

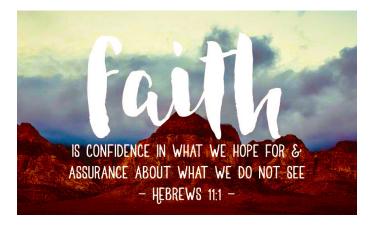
We have a fresh start to Faith and Chips this year with Bethsheba Barliea using it as part of her ministry placement for her Vetamorphus course. Part of the challenge I set Beth was for her to create some new discussion questions. We sat down together and created the questions you see below. These questions encourage students to think more deeply about their faith. It was so nice to hear as a response to one of the questions that it was Faith and Chips that helped a student grow in their faith. We also ask the students each week if they have questions they would like us to research and find an answer to.

This week's questions were deep and meaningful:

- 1. How did God get here?
- 2. Why didn't God just kill Adam and Eve when they sinned and create new perfect humans?
- 3. Why does God allow bad things in the world?
- 4. Why does God give us the choice to believe or not believe in Him?
- 5. What gave God the idea to make us?
- 6. Why doesn't God just kill the devil?
- 7. Do those who believe in God their whole lives get a better spot or more perks in heaven than those who believe later in life?
- 8. Why did God create so many different languages?

We are so encouraged by the students' deeper thinking and can't wait to work through these interesting questions.

### Mrs Olivia Saman (Faith and Chips Coordinator)



# PARENTS' CORNER FROM THE 6-12 DEPUTY PRINCIPAL

### PARTNERING WITH PARENTS

"If you care – better to be aware!"

As they say, forewarned is forearmed. We are reminded in God's word:

"Therefore be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil. So then do not be foolish, but understand what the will of the Lord is." Ephesians 5:15-17

Here are a few resources to partner with the parent community of Hope as we seek to raise our children to be responsible and safe citizens.

### **5 Strategies for Getting Kids Off Devices**

https://www.commonsensemedia.org/blog/5-strategies-for-getting-kids-off-devices

This short article refers to the American Academy of Pediatrics (AAP) which has some new guidelines about screen usage. Aside from being a strong role model, try these tips to minimise conflict and find the balance we're all seeking:

- Have another activity lined up (bonus points for making it seem fun)
- Use visual and sound cues to help kids keep track of time limits
- Find apps with built-in timers
- Tell kids to stop at a natural break, such as the end of an episode, level or activity
- Discuss consequences and follow through when kids test the limits

For older kids it's more about keeping devices in a public space, setting expectations, and enforcing them. If they show you they can be partners in moderating and regulating themselves, there can be more flexibility.

Advice I often give to parents / caregivers of children at Hope is:

- 1. YOU are the parent.
- 2. Limit time spent on digital devices.
- 3. Do not permit digital devices in bedrooms at night if at all (including TVs, smartphones, computers, etc.)
- 4. If necessary, ensure your Internet is switched off at a particular time so it cannot be accessed during the night.
- 5. Ensure suitable Internet monitoring software to safeguard everyone in the home.
- 6. Make sure you, the parent, have granted permission and have automatic access to any app your child may have on their digital device.

- 7. For best sleep patterns avoid 'blue light' (screen time) within 60 minutes of sleep time.
- 8. Teenagers and adolescents require a MINIMUM of eight hours sleep for best learning outcomes.
- Consider appropriate and fair sanctions / consequences for non-compliance, and stick to them; that is, follow through. 'Say what you mean and mean what you say!'
- 10. If in doubt, remember and refer to point 1 above!



### **UNIFORM REMINDERS**

As we approach the Winter terms, we ask all parents and caregivers to ensure they have the correct uniform ready for their child to wear. This includes the correct size. Please take the time to reacquaint yourselves with the College Uniform and Grooming Policy online at <a href="https://www.hopecc.sa.edu.au/wp-content/uploads/2018/11/STUDENT-UNIFORM.pdf">https://www.hopecc.sa.edu.au/wp-content/uploads/2018/11/STUDENT-UNIFORM.pdf</a>

It is every parent and student's responsibility to ensure they know and abide by each College policy, which exist for very good reasons. Just as the Police do not always catch or charge every driver who speeds, it does not make it right to do so. We again thank the vast majority of students who not only wear the correct uniform, but wear it correctly as well.

A few key reminders:

- Skirt hem length must reach knees
- Proper lace-up school shoes are to be worn by students in Years 3-12
- Ties are compulsory in Terms 2 and 3
- Blazers are compulsory for all Years 10-12 students to and from the College. Year 12 students may wear their Year 12 jumper each day instead, but blazer must be worn on Fridays and any other time as stipulated.

Jewellery expectations are very clear. Parents and students should also read the College's Body Piercing and Tattoos Policy, available from: <a href="https://www.hopecc.sa.edu.au/wp-content/uploads/2017/08/HOPE\_CC\_BODY\_PIERCING\_TATTOOS\_POLICY.">https://www.hopecc.sa.edu.au/wp-content/uploads/2017/08/HOPE\_CC\_BODY\_PIERCING\_TATTOOS\_POLICY.</a>
 pdf Please save yourselves heartache and disappointment by not having a piercing done that is not permitted. We have such policies unapologetically for specific reasons, which the vast majority of parents and students support. These are also conditions of enrolment at Hope Christian College.

# UNIFORM MODIFICATIONS Parent / student input requested

Please remember that uniform items are not to be modified (other than length) in order to ensure compliance.

We appreciate any constructive comments or feedback to senior leadership for consideration. One item of College uniform under consideration is whether girls be permitted to wear College sold knee-length black socks in the Winter rather than or as an alternative to the black tights. A few parents and students (randomly selected) will receive and be asked to complete a brief voluntary survey in the next week to help the College gauge parental and student opinion on this. If you wish to be included in this Google Form Survey please email Mr Phil Tarrant at <a href="mailto:phil.tarrant@hopecc.sa.edu.au">phil.tarrant@hopecc.sa.edu.au</a> Until such a decision to include these knee-length black socks is ratified, all girls must continue to wear the College purchased tights (NOT white ankle or knee-length socks).



### **SEQTA** Learn

We are excited to implement the student component of our Learning Management System, 'SEQTA *Learn*'.

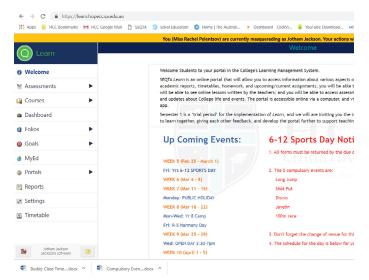
SEQTA *Learn* is an online portal that will allow students to access information about various aspects of their education. This will include allowing them to see their academic reports, timetables, homework, upcoming and current assignments, download assignment sheets and resources, view online lessons, access assessment results, and important information and updates about events and College life. The portal is accessible online and via a mobile app.

This Semester is a trial period for the implementation of SEQTA *Learn*, and we will be inviting the students to join us in that trial period. This allows us to learn together, give each other feedback, and to develop the portal further to best support teaching and learning.

We also have future plans to roll out SEQTA *Engage*, which will give parents and guardians a portal to access all the same information that can be seen in Learn by their child(ren).

It is our hope that, as these portals develop, it will enable an increase of communication home about the learning that happens at school, strengthening the partnership we have as together we educate each child.

### Miss Rachel Pelentsov (Assistant Director of Studies)



## **Medicine or Dentistry**

If your child is interested in a career in medicine or dentistry, they will need to sit the UCAT (Undergraduate Clinical Aptitude Test) in their final year of schooling. The UCAT has replaced the UMAT. It is a two hour computer-based test consisting of multiple choice questions and is divided into five separately timed subtests: Verbal Reasoning, Decision Making, Quantitative Reasoning, Abstract Reasoning & Situational Judgement: https://www.ucat.edu.au/

Some free resources are available to help your child prepare for the UCAT:

https://www.medentry.edu.au/resources https://www.icanmed.com.au/free-resources https://www.matrix.edu.au/beginners-guide-to-ucat/ part-8-ucat-practice-paper/

The above trainers, plus others, provide a UCAT preparation course for a fee, which may be worth considering. UCAT testing takes place between 1 July and 31 July 2019. They must complete a two-step online process to register and then book a test: https://www.nie.edu.au/ucat-news/item/ucat-2019-date

Registration opens 1 Mar and closes 16 May: https://wsr.pearsonvue.com/testtaker/signin/SignInPage/UMAT Please contact me if you require further information.fay.alford@hopecc.sa.edu.au.

### Mrs Fay Alford (Pathways Coordinator)



### **Music Tuition**

There are still some vacancies for private Music Tuition for those who may be interested. Lessons are during College hours at Hope Christian College. Fees are \$240 per Term. Please contact the coordinator, Mrs Merrilyn Griffith, if you have any questions.

# How Parents Can Help Their Children Make the Right Career Choices

Excerpt from LinkedIn article written by Ron Maxwell (Chief Executive Officer at VERTO LTD Australia)

There is no denying that Australia is a country that values education and most parents would agree that their children's education is a top priority for them. When it comes to career choice, parents have a big influence. While children are influenced by a number of aspects; from what their parents do for a living to the family's value system- most parents, at some point, have a direct career discussion as their child enters the latter years of their schooling.

Studies around the world tend to show similar results; parents put more weight on university degree options. We are also seeing increasing reports of university graduates struggling to find work, with an oversupply of graduates in many sectors.

### VET is key to jobs of the future

It's widely recognised in job market research that vocational education and training (VET) qualifications will be paramount for many of the jobs of the future. When you look at the numbers, VET qualifications make sense for many career options, particularly those in the growth industries of healthcare, hospitality, construction and childcare.

The world of work is changing at a rapid pace. Where once a four-year degree was the beginning of a career in a single profession, we now know that the younger generations are likely to have five careers over their working life. This high job mobility demands shorter, sharper learning experiences that deliver practical, targeted skills development.

Being competency-based, VET is a great choice in this environment. VET courses are closely linked to industry skill demand, and students have to show they have the practical capabilities to do the job, before they can graduate.

### Misconceptions are influencing choices

There are also many misconceptions about VET qualifications that often lead parents to view them as the "poor cousin" to a university degree.

One of the major misconceptions is that university graduates have more job options and higher salaries. The reality is in stark contrast; in fact, upon completion of their respective courses, VET graduates earn \$2,000 more than their university counterparts on average; and 78% are employed in their industry, compared to 69% of university graduates.

Another major misconception is that VET qualifications are for those who can't get the marks to enter university. This is simply not true — VET is the right choice for those who want careers outside the typical university professions. Often, when thinking about VET, people think of our traditional trades, but VET is a pathway to careers in such a diverse range of industries, from healthcare and construction to tourism and even niche professions, like microbrewing and wine-making.

### Finding the right pathway should be the goal

At the end of the day, this is not a university vs. VET argument, it's about finding the right pathway that will suit your child's abilities and interests and give them the best chance at a fulfilling career. Study and career decisions made when leaving school can impact your child for a long time to come. All parents want their children to succeed, and one of the ways to facilitate that could be in considering a wider range of career and study options.

If you would like to have a discussion about career options for your child, please contact Mrs Fay Alford, Pathways Coordinator, <a href="mailto:fay.alford@hopecc.sa.edu.au">fay.alford@hopecc.sa.edu.au</a>

### Mrs Fay Alford (Pathways Coordinator





# Services for Foster and Kinship Families

Connecting Foster & Kinship Carers SA Inc (CF&KC) is the representative body for foster and kinship carers in South Australia and offers a variety of free services for carers and anyone seeking information about foster and kinship care.

In the event you are not already aware of or familiar with this organisation, the following are some of the services it offers:

- assistance with the process of appealing education related decisions which have been handed down under the new legislation
- advocacy (through systems advocacy and individual advocacy)
- support (including access to a peer support network)
- connecting carers with relevant Departments and agencies
- information sharing (both with carers as well as with the broader community in order to raise the profile of foster and kinship care).

More information can be found on the <u>CF&KC website</u> or by calling the office on 1800 732 272.



# **Year 6-12 Athletics Day Photos**













# **College Calendar - Important Dates**

	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	WEEK
MARCH	17	<b>18</b> Yr 8 Camp	<b>19</b> Yr 8 Camp	<b>20</b> Yr 8 Camp Yr 12 Lawn Bowls	<b>21</b> R-5 Harmony Day	Yr 11 Lawn Bowls	23	8
	24	25	26 Year 4 Zoo Excursion	Yr 12 Lawn Bowls Open Day 3:30 - 7:00 pm	28	Yr 11 Lawn Bowls  Yr 3 Gorge Wildlife Park Excursion	30	9
	31	1 Reception Incursion Henny Penny Hatching	SACSA Inter- Christian Sports Day at SA Athletics Stadium	Yr 12 Lawn Bowls Year 12 VAESA Arts / Design Forum at Art Gallery	4	5 Yr 11 Lawn Bowls 8/9 Boys Indoor Cricket at Salisbury East	6	10
	<b>7</b> End of Daylight Saving	<b>8</b> Yr 6 Camp	9 Yr 6 Camp Primary Parent / Teacher Interviews	10 Yr 6 Camp Yr 12 Lawn Bowls Year 8 Botanical Gardens Excursion	11 Year 7 Central Markets / Adelaide Oval Excursion	12 Last Day of Term 1	13	11