



**HOPE**  
CHRISTIAN COLLEGE

Hope Opportunity Promise Excellence



# Newsletter

1 March 2019

Volume 6 Issue 2

## Our 2019 Receptions



## Finance Matters

### TERM 1 FEE ACCOUNTS

Term 1 Fee Statements have been issued. If you have not received a Statement, please contact the finance department on [finance@hopecc.sa.edu.au](mailto:finance@hopecc.sa.edu.au).

Please note term fees are due for payment by **Friday 8 March 2019**.

If the full year's Fees are paid in full by this date, a 5% discount will be applied to your Fee Account, subject to receipt of a signed Early Payment Discount Notification Form, which can be obtained from the College Office, or advise via email to [finance@hopecc.sa.edu.au](mailto:finance@hopecc.sa.edu.au) once payment has been made.

### TERM 2 FEE ACCOUNTS

Commencing in Term 2, the College will be sending Fee Statements via email.

Please confirm your email address by emailing details to [finance@hopecc.sa.edu.au](mailto:finance@hopecc.sa.edu.au) by **Friday March 22, 2019**.

Please ensure you include your **FAMILY CODE** in your email (this is located on the top right hand side of your previous Fee Statement).

If you do not have an email address, please advise the College Office and a hard copy of your Fee Statement will continue to be mailed to you.

Thank you to all the families who have already responded.



## Year 12 Retreat

In keeping with our annual tradition, the Year 12 students along with Mr Lungley, Mrs Wolfendale, and Mrs Alford embarked on their final year of schooling by attending the Year 12 Retreat at Westbeach Parks Caravan Park. Over several days, the Year 12 students participated in a number of study skills-based activities to prepare them for the year ahead, as well as a number of team-building games and other activities to encourage problem solving and personal development. It was also a great opportunity for the teachers and students to be working off-site and in a more relaxed environment. Mr Tarrant visited on the first day and led the students in the team-building games, and supervised students swimming in the pool. Mrs Schwarz visited us on the second day and, with the help of an expert in the field of research, conducted a highly valuable session on conducting successful interviews and sourcing appropriate information.

Sarah Mouwad, Sarah Bigwood and Solomon George also attended our retreat and led us in worship and spent time getting to know the students, providing them with their godly wisdom and spiritual support that is very much needed for each Year 12 student in their final year.

It was wonderful seeing the students enjoying their time together and strengthening their friendships, as well as recognising the value in assisting each other through cultivating a strong sense of family and solidarity.

The students represented Hope Christian College in an outstanding way, and staff counted it a privilege to spend the three days with them. Please pray for our Year 12 students throughout the year as they face the challenges that lie ahead.

**Mr Jarrod Lungley (Senior Schooling Coordinator)**



## Faith & Chips

What a great start to the year for Faith and Chips. We had 57 students turn up and participate in our “small” group, Faith and Chips this week.

Faith and Chips is a safe place to come to (held in the art room) for Christians and non-Christians alike. It is a judgement free zone where we can share our faith and ask those burning questions we might have about all things faith related, all while we eat Hot Chips. It is held on Wednesdays during Secondary lunch time. At the moment it is for Years 6 to 12, but if this many students keep coming we may change it to be twice a week and have one session for Middle School and one for Senior School. I am really looking forward to what this season of Faith and Chips brings to Hope Christian College.

**Mrs Olivia Saman (Faith and Chips Coordinator)**





# PARENTS' CORNER

FROM THE 6-12 DEPUTY PRINCIPAL



## SEEING YOURSELF AS GOD SEES YOU

Ten of Israel's twelve spies returned from the Promised Land saying, "We even saw giants... we felt like grasshoppers." Numbers 13:33

The other two, Joshua and Caleb, saw the same giants but believed that with God's help they could be conquered: "Let us go up at once and possess it... for we are well able to conquer it." Numbers 13:30 That's the language of a winner!

Understand this: God has a plan for your life, but you'll never fulfill it until you come into agreement with His Word. "But I have so many problems, how could God use someone like me?" you ask. Paul said, "I don't mean to say that I have already... reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me." Phillippians 3:12

When God uses imperfect people, it makes us realise that He alone is our source, our strength, our strategy, and the secret to our success. The Bible says, "The foolish thing

that has its source in God is wiser than men, and the weak thing that springs from God is stronger than men."

1 Corinthians 1:25

You have a God-ordained destiny, and no excuse for not fulfilling it. You can't use weakness as a defence, for God says, "My strength is made perfect in weakness."

2 Corinthians 12:9

You can't use your past as an excuse, for God says, "Old things are passed away, behold, all things are become new." 2 Corinthians 5:17

How God sees you isn't the problem; it's how you see yourself that keeps you from succeeding. So ask God to give you a new understanding of how He sees you – righteous, blessed, and favoured!

<https://vision.org.au/the-word-for-today/2019/02/20/seeing-yourself-as-god-sees-you/>

## SAFETY MATTERS

At Hope Christian College we aim to provide and maintain a safe teaching and learning environment. In the car park and kiss and drop lanes, drivers are reminded to drive slowly observing the **5km speed limit** as well as stopping at any **unbroken white lines** and **STOP signs**. This applies whether there is a member of staff at a crossing or not. To avoid accidents occurring, always give pedestrians right of way unless a staff member on duty has stopped them and beckoned a car to proceed. Even then, please proceed with care.

Do NOT drop children off as soon as you enter the drive through area as this potentially blocks off other cars coming from Yorktown Rd. Keep going slowly until there is a spare parking space or circle through the church car park, round the roundabout and back.

If you have a **disability parking permit**, but you do not have to leave your car to collect an able-bodied student, please kindly consider leaving the disability parks for those who do need to leave their car or are collecting students who have disabilities.

## BANNED SUBSTANCES

Parents and students are reminded there is no expectation of privacy with regards to lockers. As a duty of care, students are not permitted to bring onto College grounds such items as spray deodorants, perfumes, liquid correction fluid, and high caffeinated or guarana drinks such as Full Throttle, Monster, Mother, Red Bull, Rockstar or V. Random checks will be conducted from time to time and such items confiscated.

From an educational perspective Guarana drinks can cause: jitteriness, restless or nervousness, a boosted heart rate, more frequent urination, insomnia, appetite

loss, headaches, nausea, and heartburn. There is possibility of an allergic reaction to guarana (swelling in lips, throat or tongue, and / or hives). Serious side effects can also develop in those who take guarana. For instance, vomiting, stomach pain, seizures, irregular heartbeat, dizziness and problems urinating are signs that something is seriously wrong.

<https://www.livestrong.com/article/27433-guarana-bad/>



## BEING SUN SMART

We value the support of parents at home in helping the College educate our children in being sun smart. Students are instructed they must have their College hat on their head whenever outside in Terms 1 and 4. This is not only a duty of care issue, but to help students learn to be safe. During this term, some Health classes will watch the following videos to help drive the point home:

### Dying for a Tan – Australia 2005

<https://www.youtube.com/watch?v=dQ5JNbiH480>

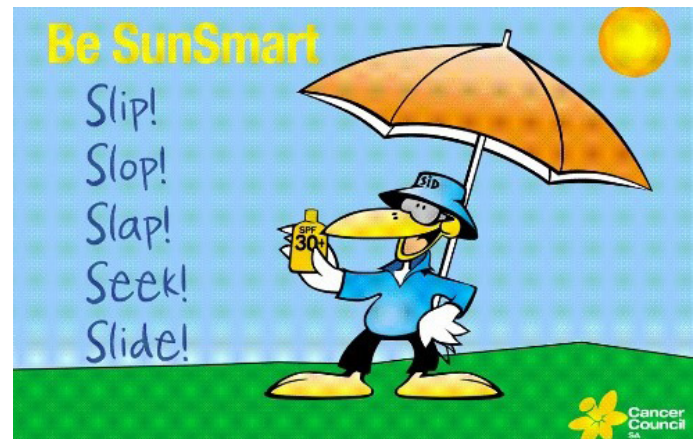
For many, sizzling in the midday sun is one of the delights of Summer. But as teenagers continue to ignore the sun safety message, more and more young people are developing skin cancer. “It’s a really hard thing to be told you’re going to die,” confides Steven Nielson. He was 20 when he was first diagnosed with skin cancer. Now, the cancer has spread to his spine and he’s nearing the end of his life. Benjamin Foley was 16 when he was first diagnosed, and Renee Marchment 24. “We see so many people who are totally unaware of the risks they are taking by sunbathing,” states Prof John Thompson. “Many refuse to wear a hat or sunscreen.” As Ben states: “I thought I was invincible from the sun. I thought skin cancer only happened to older people. I was wrong.”

### Dying for a Tan 2007

<https://www.9now.com.au/60-minutes/rewind/clip-cjenrpxfn002r0gs0mc8563d4>

On 60 Minutes, meet a very brave young woman. Her name is Clare Oliver and she is dying. Clare’s got skin cancer and she’s only got days to live. But before she goes, she wants to warn young people about their deadly obsession with tanning. Melanoma is now the most

common form of cancer among 15 to 30 year olds. It’s not just on the beaches the young people are putting their lives at risk. In recent years there’s been a bloom in solariums. They’re all over the place. And they’re dangerous, very dangerous. Your average sunbed blasts out five times more UV radiation than the midday sun. The problem is, the solarium industry is unregulated. And without proper supervision, many young people, like Clare Oliver, just don’t know when to stop – they’re literally dying for that killer tan.



## GROOMING

Just as drivers are expected to be responsible in knowing and abiding by the rules of the road, the same is expected of parents and students with respect to the College Policies, many of which are accessible from the College website. <https://www.hopecc.sa.edu.au/policies/> This includes but is not limited to the Behaviour Management, Bullying and Anti-harassment, as well as the Uniform Policies. These policies exist to help develop the ‘whole’ individual, preparing them to be responsible citizens in our society. It has been a pleasure this last week or two to work closely with supportive parents in helping the young lives God has placed in our care learn to make positive choices. Those students who do not will find offending items of jewellery confiscated, for instance, necklaces, or multiple non-sanctioned ear rings, anklets, braceletes, rings, etc. Repeat offenders will not be permitted in class until the matter has been rectified.

**Ear jewellery modification for girls:** Girls are permitted to wear ONE pair of small studs or sleepers in the lower ear lobe. Any other piercings are still not permitted. Neither are boys permitted any piercings at all. We thank the vast majority of students who do comply with College expectations and requirements, and their parents who are appreciative of our insistence on high standards.

**Related Policy:** The College Policy on Body Piercings and Tattoos can be downloaded from: [https://www.hopecc.sa.edu.au/wp-content/uploads/2017/08/HOPE\\_CC\\_BODY\\_PIERCING\\_TATTOOS\\_POLICY.pdf](https://www.hopecc.sa.edu.au/wp-content/uploads/2017/08/HOPE_CC_BODY_PIERCING_TATTOOS_POLICY.pdf)

## CHANGE TO BELLS

As of Wednesday 27 Feb, the College introduced two 'voice-over announcements' before the school day officially commences. We apologise for any confusion that had been caused prior to this, having been brought about by a change of locker locations for Middle School students, necessitating lockers being closer to core classrooms to save time during the day. The earlier announcement is designed to help train students to be better prepared.

At 8:30am the following message is played:

"Good morning, Year 6-12 students. Please move to your lockers to prepare for Home Group."

At 8:35am the following message is played:

"Good morning, Reception to Year 5 students. It's time to go to your class or fitness activity."

## BEHAVIOUR SUPPORT

"Train up a child in the way he should go, and when he is old he will not depart from it." Proverbs 22:6

At Hope we aim to help students learn to make positive choices for themselves. The College's Behaviour Management Policy can be accessed via the College website at [https://www.hopecc.sa.edu.au/wp-content/uploads/2018/03/HOPE\\_CC\\_BEHAVIOUR\\_MANAGEMENT\\_POLICY.pdf](https://www.hopecc.sa.edu.au/wp-content/uploads/2018/03/HOPE_CC_BEHAVIOUR_MANAGEMENT_POLICY.pdf)

Conventionally, in the Secondary School (Years 6-12) we discuss matters using Restorative Practices to help an individual reflect upon the consequences of their choices, decisions and outcomes on themselves and others, and how they should modify their behaviour in the future for the benefit of everyone. In class teachers use a regime of 'Warn, Move, Remove and Buddy Class' for most Low to Middle level poor choices of behaviour.

For incomplete work or a poor work ethic, in class a class teacher may require a student to return to see them at a break or accompany a staff member on yard duty, undertaking some community service.

For more serious matters and / or repetition of poor behaviour choices a student may be required to report to the 'Focus Room' at lunchtime.

### Secondary School – After Hours Detentions

This year in Secondary School we are dispensing with the 'After Hours Detention' the following week as the standard practice. More meaningful and effective a consequence is the immediacy of an After Hours Detention held 24 – 48 hours after the event, should the poor behaviour require this outcome or this be the next step in a process of helping an individual realise that choices have natural consequences.

After consultation with the respective School Coordinator

(Mr Penn in Middle School and Mr Lungley in Senior School) any teacher may set an After Hours' Detention but contacting the child's parents directly giving at least 24 hours' notice. This detention will run from 3:30pm-4:30pm in either the Library or Room 207 and be supervised by a School Coordinator, a Deputy Principal or another staff member. Should a more senior student have a work commitment they will need to work around that, or learn to be responsible in avoiding being issued with an After Hours detention in the first instance. The College thanks parents and guardians for working collaboratively with us in helping train and develop the students in our care for theirs and society's future.



## ONLINE PARENTING RESOURCES

### Family Insights

<https://www.youtube.com/watch?v=dQ5JNbiH480>

Following Sunday 24 Feb 60 Minutes program and Monday 25 Feb A Current Affair, follow up on online cybersecurity and how paedophiles are using technology to prey upon children. We highly recommend pertinent articles and advice from Family Insights on such topics as:

#### Is Your Child At Risk of Online Grooming?

<https://familyinsights.net/advice/is-your-child-at-risk-of-online-grooming>

- How to recognise grooming
- Ways your child could be at risk
- Signs of online grooming

- Taking action

<https://www.brisbanetimes.com.au/national/queensland/if-you-d-seen-what-i-d-seen-chilling-message-to-parents-from-police>

### Office of the eSafety Commissioner

<https://www.esafety.gov.au/education-resources/iparent>

Where you can learn about the digital environment and how to help your child have safe and enjoyable online experiences. You can learn about big issues such as cyberbullying, online pornography, unwanted contact, nudes and sexting, online gaming, eating disorders, social networking, balancing time online, and privacy.



## SEQTA Learn

We are excited to implement the student component of our Learning Management System, 'SEQTA Learn'.

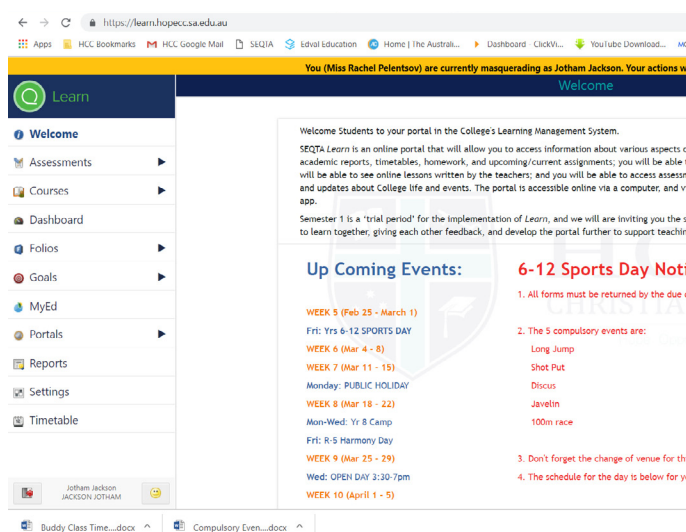
SEQTA *Learn* is an online portal that will allow students to access information about various aspects of their education. This will include allowing them to see their academic reports, timetables, homework, upcoming and current assignments, download assignment sheets and resources, view online lessons, access assessment results, and important information and updates about events and College life. The portal is accessible online and via a mobile app.

This Semester is a trial period for the implementation of SEQTA *Learn*, and we will be inviting the students to join us in that trial period. This allows us to learn together, give each other feedback, and to develop the portal further to best support teaching and learning.

We also have future plans to roll out SEQTA *Engage*, which will give parents and guardians a portal to access all the same information that can be seen in Learn by their child(ren).

It is our hope that, as these portals develop, it will enable an increase of communication home about the learning that happens at school, strengthening the partnership we have as together we educate each child.

**Miss Rachel Pelentsov (Assistant Director of Studies)**



## Japanese Homework Club

Japanese Homework Club is available again this year!

**When:** Mondays fortnightly, odd weeks starting Week 3

**Where:** Japanese Room (Room 26)

**Time:** 3:40-4:30

**For:** Students in Years 6-11

**Additional Requirements:** Signed note from a parent saying you may attend

Feel free to come along if you need some extra support with your classwork or homework. You can stay for all or just some of the time. Looking forward to seeing you!

**Mrs Jo Zerna and Miss Jessica Ryoo (Japanese Teachers)**



## Vocational Education and Training (VET)

Some students may benefit from studying VET courses while at school. There are a wide range of VET courses available, including automotive, hairdressing, plumbing, baking, electrical, horticulture and many more. One student who decided on her career pathway is Akira Thomas, currently in Year 11. Akira's passion is to become a baker and so she is studying Certificate II in Food Processing (Baking) this year.

Akira attends Regency TAFE to practice her baking skills one day per week. She gets a study line at school to allow her to catch up on work missed. Akira's VET studies will contribute to her SACE.

Akira also does work experience in the school holidays. So far, she has worked at the bakery in Romeo's Foodland, Mawson Lakes and is currently setting up a placement for the April holidays. This will give Akira real life experience, working in a bakery.

If you would like to discuss VET options, please contact **Mrs Fay Alford, Pathways Coordinator**. Work days for Semester 1 are Tue, Wed & Thu and contact can be made via email: [fay.alford@hopecc.sa.edu.au](mailto:fay.alford@hopecc.sa.edu.au).



## Year 3-5 Sports Day

A reminder that Year 3-5 Sports Day is on March 15.



## OSHC

OSHC Term 1 is well underway. We have had an influx of new enrolments and welcome the new families to our OSHC service.

Our April Vacation Care Program will be out in Week 6. Collect a copy from the OSHC foyer or download it from the College website. Please remember to have your bookings in **by Week 8** to avoid disappointment.

For all enrolled OSHC and Vacation Care families, we have a successful Facebook page. The purpose of this page is to keep our families updated and informed. This page is not for bookings, but for important information you may need to know throughout holidays and Term time.

[www.facebook.com/groups/HopeOSHC/](https://www.facebook.com/groups/HopeOSHC/)

## Gazelles Netball Club

**WINTER 2019 SEASON @ ARGANA PARK, ELIZ DWNS**

Registrations are now open on line at MyNetball. You can find the link on our Facebook page or on our website at [www.gazellesnetballclub.com](http://www.gazellesnetballclub.com)

Seniors and junior players from 7 years old up are welcome to register. Registrations close 3 April at 12noon.

Fees, Juniors \$130. Seniors are \$150

We accept the Government Sports Voucher valued at \$100 for primary aged kids.

Please contact the club if you have any questions at [info@gazellesnetballclub.com](mailto:info@gazellesnetballclub.com)

# College Calendar - Important Dates

MARCH	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	WEEK
	3	4	5 Year 6-12 Sports Day	6 Yr 12 Lawn Bowls	7	8 Yr 11 Lawn Bowls  Yr 12 F&H Glen Ewin Estate Excursion	9	6
	10	11 Public Holiday	12 Yr 8 Immunisation / Catch-up from 2018 – 9am  Yr 10 & 11 Men B first Dose	13 Yr 12 Lawn Bowls	14 Yr 6 Japanese Excursion Himeji Gardens	15 Yr 11 Lawn Bowls  Yr 3-5 Sports Day  Yr 10 Grill'd Tea Tree Plaza	16	7
	17	18 Yr 8 Camp	19 Yr 8 Camp	20 Yr 12 Lawn Bowls  Yr 8 Camp	21 R-5 Harmony Day	22 Yr 11 Lawn Bowls	23	8
	24	25	26 Year 4 Zoo Excursion	27 Yr 12 Lawn Bowls  Open Day 3:30 - 7:00 pm	28	29 Yr 11 Lawn Bowls  Yr 3 Gorge Wildlife Park Excursion	30	9