



HOPE
CHRISTIAN COLLEGE
Hope Opportunity Promise Excellence

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Newsletter

Learning Support Dog – Nova

Hope Christian College is happy to introduce our newest learning support worker, Nova. She started her official duties in Week 1 and has been very busy ever since: helping in classrooms, working with students one on one, and taking her turn on yard duty. Nova is a fully trained guide dog who has made a career change into Therapy and now specialises in caring for children. She is a 2-year old Labrador with a calm and loving disposition. Mr Stephen Bernhardt, one of our Learning Support workers, is her handler and cares for her in his family home. Nova has already proved to be a valuable asset to the college community and is definitely earning her dog biscuits.



Yr 3 Gorge Wildlife Park Excursion

Last Term, the Year 3 students from Miss Fairley's, Miss Bradley's and Mr Webb's classes went to the Gorge Wildlife Park. It was a lovely day and we thoroughly enjoyed ourselves. A big thank you to all the parent volunteers who came along and helped us.

Some reflections of the day:

"I really liked seeing the dingoes because they are very

fast, smart, cute, and are good hunters. They also have good colours." – Callan B

"The bats were funny because they hang upside down and one stuck out his tongue at me." – Joseph M

"The meerkats were my favourite animals because they are very cute and it is amazing how they stand still like a statue. I also loved feeding the kangaroos, especially the white albino ones; and the wallabies, because they were both really cute and soft." – Hannah T

"I liked seeing the Tasmanian devil and dingoes walk around trying to find food. I also liked watching the alligators being very still and enjoying the sun because they need the warmth from the sunlight to survive. It was fun to have pictures taken of our group with the animals." – Deng M

"I enjoyed feeding the wallabies, kangaroos, ostrich and even the camel. It was a bit yucky, but a lot of fun." – Cameron G

"I like seeing the koalas, bats and the Reptile House. I really loved being able to feed the wallabies. They were so cute." – Charli R



Yr 7 History Excursion

This semester the Year 7 History students have been studying Ancient Civilisations, with a focus on Rome and Egypt. On Tuesday April 10, the students went on an excursion to the Adelaide Museum where they were fortunate enough to have a guided tour through the Ancient Egypt exhibit. On the tour, they learned about religion, funeral customs, social hierarchy and daily life of Egyptians. They were also able to see Egyptian artefacts.

Students were able to immerse themselves in other exhibits at the Adelaide Museum such as Australian Aboriginal Cultures, South Australian Biodiversity and World Mammals. Students left stating, "I can't wait to come back with my family" and "I can't believe that all of this is here". Overall, it was a very engaging and successful day.



NAPLAN – Week 3

Students in Years 3, 5, 7 and 9 throughout Australia will be sitting the Commonwealth Government's NAPLAN (Literacy and Numeracy) tests on Tuesday, Wednesday and Thursday mornings:

Tuesday 15 May Language Conventions and Writing

Wednesday 16 May Reading Comprehension

Thursday 17 May Numeracy

All students need to bring an HB/2B pencil, sharpener and eraser. Years 7 and 9 students should bring a calculator on Thursday.

Parents who wish to withdraw their child(ren) from these tests for religious or philosophical reasons must do so in writing to the College.

OSHC

In the April holidays we had two weeks of fun activities, excursions and incursions in our vacation care program. In addition to our normal activities, we also enjoyed:

- Two cinema excursions, 'Peter Rabbit' and 'Sherlock Gnomes'
- Incursions: Mobile Junk and Nature Playground
- Excursions: Game Room Essentials
- Plus cooking activities, balloon volleyball / tennis, Wheels Day and much more!

For all enrolled OSHC and Vacation Care families, we have a successful Facebook page. The purpose of this page is to keep our families updated and informed. This page is not for bookings, but for important information you may need to know throughout holidays and Term time.

www.facebook.com/groups/HopeOSHC/



Work Experience – Hanna Nehme

In the April holidays Hanna Nehme undertook work experience in hairdressing at 'Up in the Clouds Hair & Beauty Salon'. Below is an extract of Hanna's report:

"During my work experience I learned a variety of new things. I was able to work hands on with foils, perm

rollers, and washing and rinsing hair. This helped confirm my decision of my career choice. I would really enjoy working as a hairdresser and perhaps open my own salon one day. I now know what I need to do to accomplish my goal of becoming a hairdresser. I am beginning a VET course in hairdressing this term. A piece of advice I would give students considering work experience is – if you want something, work for it.”

If you are interested in participating in work experience during the holidays, please see me. There is theory work which must be completed before work experience can take place.

Mrs Fay Alford (Pathways Coordinator)



Defence Work Experience

The Defence Work Experience Program offers work experience opportunities for students aged 15+ with Army and Air Force in SA. Below are the details for upcoming events.

Air Force familiarisation programs

29-23 August, RAAF Base Edinburgh

29 Oct-1 Nov, RAAF Base Edinburgh

Army Museum work experience

18-22 June, Keswick barracks

STEM work experience with Defence Science & Technology

25-29 June, DST Edinburgh

2-6 July, DST Edinburgh

Army familiarisation programs

30 Jul-3 Aug, RAAF Base Edinburgh

17-21 Sep, Woodside barracks

Students interested in these placements can find out more and apply at <http://www.defence.gov.au/WorkExperience/Default.asp>

Jobs for the Future

Australia's population is changing. The population is getting older, more females are in paid work, and the number of school aged children is growing. Demand is likely to grow in a number of areas:

- 1. Healthcare & Social Assistance** has seen enormous growth over the last several years as a result of the ageing population and increased life expectancy. This trend isn't likely to change. Allied health professionals from a range of fields such as nursing, optometry, dentistry, pharmacy, psychology, physiotherapy and occupational therapy will be in high demand. Child care, aged care, disability care and other home based assistance will also grow.
- 2. Professional, Scientific and Technical Services** – ongoing demand for qualified and highly educated workers particularly in the Computer System Design and Related Services sector.
- 3. Education and Training** – the population boom which began in 2008 is resulting in continuing demand for teachers, particularly in maths and science. Reskilling an ageing workforce is also a growth area, as is childcare. Continued strength in the international education sector will contribute to growth.
- 4. Travel and Tourism** will continue to grow, as tourism is one of Australia's biggest growth industries. This includes hotel and motel managers, bar attendants and baristas, cafe and restaurant managers, waiters, bakers, butchers, cooks and chefs. The demand for cafes, restaurants and takeaway food services are likely to increase.
- 5. Construction** can expect continued growth. While residential construction employment is expected to grow at a slower pace, significant infrastructure investment is expected to underpin employment growth in the construction sector. This includes surveyors, valuers, construction estimators, bricklayers, project managers, finishes forepersons (particularly experienced high-rise forepersons), roof tilers, and plasterers.

PARENTS' CORNER

The Ps for Success & Wellbeing

Purpose – Know who you are, how special and unique you are, that you are made in God's Image and valued, what you are about, why you do what you do.

Preparation – 'Proper prior planning and preparation prevents poor performance'.

Personal Organisation – Requires planning, and being equipped with the tools you need to help you learn and achieve success.

Punctuality – Being on time, reliable, self-disciplined, trustworthy, consistent and compliant.

Presentation – Appearance, body language, polite manners, etiquette and speech.

Performance – Apply effort to achieve the very best you are capable of.

Presence – Be engaged in what you are doing, on task, and focussed.

Pride – Have a healthy self-respect in who you are, what you do, your life, and the College. Take a genuine interest in the lives of others and the community you live in.

Passion – Energy, emotions, wholeheartedness (Colossians 3:23)

Positivity – You can do it, believe you can achieve, there is good in all of us, we can learn something valuable from everything we experience. Be willing to take risks. "If you want to achieve something you haven't achieved before, you are going to have to do something you haven't done before".

Persistence – Perseverance, stick-ability, getting back up again. "The tough get going when the going gets tough".

PRAYER – You cannot do it on your own... Ask God for His wisdom, guidance and help.

Mr Phil Tarrant (Deputy Principal – Secondary School, Student Wellbeing and Development)



Presentation – Winter Uniform

It has been great to see the vast majority of our students smartly dressed in their winter uniform, wearing it with pride in their own appearance and the College.

By now, the Summer / Winter grace period is over and all students should be wearing the appropriate Winter uniform for their gender and sub-school, as well as wearing it correctly.

Presentation, self-discipline and compliance are valuable life lessons we hope all students will acquire in their time at Hope Christian College. The College requires and expects the assistance of parents in ensuring students have the correct clothing and are dressed correctly each morning they come to school. Please see the Uniform Policy via the College website if uncertain, or contact the respective School Coordinators or Deputy Principals for clarification. The College Uniform shop is normally open on Mondays 8am – 12pm and Thursdays 12pm – 4pm.

A few reminders:

- For colder and wetter days, we recommend students have a Wet Weather jacket (\$37.40)
- All Year 10-12 students must wear a blazer to and from the College. Once they have their Year 12 jumper, Year 12 students may wear it in place of their blazer. However, the blazer is still required for Fridays and Chapels.
- Ties are compulsory with the Winter uniform.
- Girls are to only wear black tights with their winter uniform. White socks are NOT a part of the formal winter uniform.
- Proper sports shoes are required for PE lessons, not canvas or skate shoes.
- Proper heeled and well supported lace up school shoes are to be worn with the Winter uniform for Years 3-12, not black trainers, slippers, dance shoes, etc.

Punctuality

Punctuality is another of those valuable life skills we hope students will develop. The College day starts at 8:40am. Secondary students really need to be arriving no later than 8:30am, so they have time to visit their locker and have their learning equipment ready BEFORE morning Home Group. This session is vital to start the day in a quiet, settled way ready for learning to occur. During this time important notices are read out, pastoral care information shared and a devotion given to start the day.

Again, the College expects parents to help their child(ren) arrive on time, a condition of enrolling your child(ren) at the College.

We acknowledge and empathise this can be a challenge at times for some families, especially larger ones, but ask for your full cooperation, consistency and determination to ensure that students arrive in plenty of time. In this Newsletter, we wish to offer some valuable resources to help those parents who find it difficult to get their children up and at College on time. The full version of the following articles may be mailed home to you upon request, or you can simply view them online. Additionally, please feel free to speak with your child's class teacher to discuss any relevant concerns.

GETTING KIDS UP IN THE MORNING – RESOURCES

Here is a selection of very useful articles with tricks, tips and strategies you can try until you find what works best for you the parent, your child(ren) and your family as a whole. In time, it would be great to hear what works best for you!

1. Boundaries, routines and early bedtimes: 13 habits that raise well-adjusted kids

<http://www.lovewhatmatters.com/boundaries-routines-and-early-bedtimes-13-habits-that-raise-well-adjusted-kids/>

2. Morning routine for school: tips

http://raisingchildren.net.au/articles/school_morning_routines.html

- Morning routine for school: the whys and hows
- Planning ahead for school mornings: the night before
- Your morning routine for school: tips

3. Tricking kids to wake up in the morning

<https://sg.theasianparent.com/wake-up-kids-its-time-for-school/>

How to get kids up in the morning: does your child have trouble waking up early?

- It starts the night before
- 'How to wake up in the morning' strategies
- Why it matters how to wake up in the morning

4. How to make school mornings easier

<https://childdevelopmentinfo.com/parenting/how-to-make-school-mornings-easier/#.Ws2C1YhubIU>

- Be strict about sleep
- Get a head start the night before
- Make time for yourself
- Incentivise getting ready early
- Give everything a 'home'

5. 21 tips for getting stubborn kids out of bed in the morning

<https://www.parent.com/21-tips-for-getting-stubborn-kids-out-of-bed-in-the-morning/>

6. 15 tips for getting the kids out the door fast and to school on time

https://www.babycenter.com/101_15-tips-for-getting-the-kids-out-the-door-fast-and-to-school_10347624.bc

- Bad habits
- Rise and shine
- Find shoes the night before
- Get the kids to bed on time
- Prepare the night before
- Invest in several alarm clocks
- Always make time for cuddles
- Kids should get themselves ready
- Speed up with music
- Divide and conquer
- Keep breakfast simple
- Keep chores to a minimum
- Do what you have to in the car
- Put together an emergency pack
- Take breaks

Finally, we ask that on the 'rare occasion' that your child(ren) won't arrive in plenty of time, if it is not the fault of the child they are late, a student is expected to produce a note from their parent to show their Home Group teacher when they arrive that day, not the next. For those who do not, or it is clearly their fault, for example they arrive in time but socialise in the yard for too long, appropriate disciplinary consequences will be utilised to help students learn the importance of punctuality. Thank you in advance for your understanding and support.

Mr Phil Tarrant (Deputy Principal – Secondary School, Student Wellbeing and Development)



Cybersafety Resources

6 media resolutions every family should make in 2018

<https://www.common sense media.org/blog/6-media-resolutions-every-family-should-make-in-2018?>

Managing screen time with the Wangle Family Insites app

<https://wanglefamilyinsites.com/advice/wangle-family-insites-app-benefit-your-family/>

Cyber safety: the essential guide to protecting your children online (free download)

<https://info.wanglefamilyinsites.com/cyber-safety-the-essential-guide?>

What parents need to know about FORTNITE: Battle Royale

<https://www.familyzone.com/blog/is-your-child-hooked-on-fortnite-?>

How safe is the Messenger Kids app?

<https://protectyoungminds.org/2018/05/01/pros-cons-facebook-messenger-kids/>

Dangerous apps for kids you probably haven't heard of yet (2018)

<https://foreverymom.com/family-parenting/2018-dangerous-apps-for-kids-jenny-rapson/>

Are you aware of these relatively new apps that I'd add to the list of dangerous apps for kids in 2018:

- Amino (recommended for ages 18+)
- Live.ly
- Vora
- Various 'Hiding' Apps. They have names like Private Photo (Calculator%), Gallery Lock Lite, Best Secret Folder, and Keep Safe, and they appear with an innocent-looking icon like a calculator. So make sure your kid's calculator app is ACTUALLY a calculator. Also, check out their download history and their settings, parents!

Be READY Program

It has often been said that 'it takes a village to raise a child'. At Hope Christian College we seek to partner with parents and caregivers in helping develop the 'whole' child in a caring and nurturing environment.

We have again arranged for the 'Be READY' (www.beready.net.au) program to be delivered to Middle and

Secondary students. The 'beGinnings' program for Years 6 / 7 and the 'beSotted' series for Years 8-11 empowers young people to make wise choices with positive outcomes, from a Christian perspective. Be READY is an acronym aiming to help our youngsters to "Be Respected, be Equipped, be Aware, be Discerning, and be Yourself".

The sessions for Years 6-9 students will be conducted in Week 8 of this term during lesson times by trained facilitators and in the presence of Hope Christian College teachers, in a highly informative, educational, interactive and sensitive manner. Years 10 and 11 sessions will be conducted during Week 5. See <http://www.beready.net.au/org/program> for further details.

'At each year level new, relevant subject matter and information is introduced and discussed in a more detailed but age appropriate manner'. Younger students are grouped according to gender when talking about sensitive matters in smaller groups

All the educators are Christian, and have either health or education backgrounds. The material is presented in a very non-threatening manner and is an out-source of the Genesis pregnancy support organisation, encouraging forethought in all decisions.

Parents may be interested in the feedback given by students and staff from previous sessions conducted <http://www.beready.net.au/org/programs/responses/>

This year we are also planning an information evening at school during Week 7 for interested parents. This is run by the beREADY team, and is called 'beWildered'.

See <http://www.beready.net.au/org/programs/bewilderedbeg/> for the content of this session, where you will be invited to ask any questions or express any concerns you may have as you partner with us.

To gauge the interest and the venue we will need to use, please email me your intent to attend by Friday 25 May (Week 4). phil.tarrant@hopecc.sa.edu.au

Phil Tarrant (Deputy Principal, Secondary School Student Wellbeing and Development)



Carpark Reminder

Dear parents, please remember that the Shopping Centre car park owners have advised that they may fine parents who park in their car park whilst accessing the College. The Playford Council Car Park at the Eastern end of the Shopping Centre is available for parking.

Discovery Club

Hope Christian College has been registered for an exciting new programme called Discovery Club. It is a book club that lets children receive a brand new picture book mailed to them each month. Students will receive free birthday gifts and extra fun activities with their subscription, as well as being able to nominate an organisation to receive free books. To find out more, visit the Discovery Club website.

<https://www.discoveryclub.com.au/>



Children's University

Dear parents, If your child is participating in Children's University this year, I need to collect all passports for the Term 1 hour count. The university will come out to count the hours in Week 3. Please send your child's passport to school to myself, Mrs Wolfendale. They will be returned after the count via the daily message folders.

Regards, Rosanne Wolfendale (Children's University Coordinator).

Music Tuition

There are some positions available for private music tuition during school hours. Cost is \$240 per term. If interested, please contact the coordinator, Mrs Griffith.



Careers Adelaide

Looking to start your career, return to work, or find a job? Then don't miss the Careers and Employment Expo. Career options for all ages – check out TAFE and Unis, training and course providers, job opportunities, career advice and pathways, plus defense industry and Defense Force careers.

Free entry, Friday 25 May 9:00-3:00 and Saturday 26 May 10:00-4:00 at the Adelaide Showground (Jubilee Pavilion).

Adelaide

careers & EMPLOYMENT expo

TERTIARY ▶ SKILLS ▶ TRAINING ▶ JOBS

DEFENCE JOBS

DISCOVER CAREER OPPORTUNITIES
IN THE AUSTRALIAN DEFENCE FORCE

College Calendar - Important Dates

2018 Term 2

	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	WEEK
MAY	13	14 Playgroup 9:30-11:00am	15 Yr 11 Vegan Desserts Excursion NAPLAN	16 Yr 10 Camp NAPLAN	17 Yr 10 Camp NAPLAN	18 Yr 10 Camp JS Walkathon	19	3
	20	21 Playgroup 9:30-11:00am	22	23 Yr 7 Camp Yr 10 P.A.R.T.Y. Program at Lyell McEwin NZ 8/9 Boys 5-a-side Soccer	24 Yr 7 Camp	25 Yr 7 Camp Careers Expo & UniSA Visit	26	4
	27	28 Playgroup 9:30-11:00am SACSA Cross Country	29 Yr 12 Kayaking	30 Yr 6 Camp Yr 12 Kayaking JS Community Event NZ 8/9 Girls 5-a-side Soccer	31 Yr 6 Camp Yr 12 Kayaking	1 Yr 6 Camp Yr 3 Motor Museum Excursion	2	5