



**HOPE**  
CHRISTIAN COLLEGE  
Hope Opportunity Promise Excellence

6 April 2018

Volume 5 Issue 3

## Open Day

Our first Open Day for 2018 was held on March 21. The weather was perfect and there was an amazing buzz of excitement around the College. Students helped with the last minute clean up and set up tasks, staff readied their classrooms, hung student work, and made sure their rooms were all neat and tidy. At 3:30pm parents, grandparents, friends and past students arrived en masse. Everyone enjoyed the amusements and the great food. The stage was the centre of attention for a few hours, and the crowd enjoyed all of the class and individual performances.

It is great to be able to give you all an opportunity to come and see your child's classroom, samples of their work, and their performances. It is also great to have the whole site open so that you can go and see areas that you may not have seen before, and view the great student work in some of our specialist areas.

If you missed out this time, don't worry. Our next Open Day is in October, and we will advise you all very soon of the actual date.



## Year 3- 5 Sports Day

On March 23, the Year 3-5 students headed to Mofflin Reserve for their Sports Day. The day started quickly with the 100m sprints, where we saw some great times by all competitors. Afterwards were the parents' races, which thankfully ended without incident! The final race was the 800m, and all the competitors did a terrific job.

With the temperature rising, it was on to the field events: high jump, long jump, shot put and discus. The students gave it their all and we witnessed some new records in various events. As always, we cannot put on an event like this without parent helpers and support. A big thanks to all who came out and supported their children and helped with the events. It was a great day and congratulations to **SAINT** for winning.

### Mr Joshua Bratt (Junior Sports Coordinator)





## Middle and Senior Sports Day

March 2 was a beautiful day that saw Elliot, Saint and Fleming battle it out for the honour of being the 2018 Athletics champions. The weather was superb: cooler in the morning and heating up in the afternoon, much like the competition. We used a new scoring system this year, which created a very close finish for second and third.

There were many records broken, with some students breaking records as well as having their own previous ones broken. The Staff worked hard to keep all the events running to time, making Mr Jory's job relatively simple.

Overall, it was a terrific day. Special thanks to the Elizabeth Little Athletics Club for all their help and support, and the parents who volunteered.

In third place was Elliot on 1285 points; second was Fleming on 1360 points; and winners again, **SAINT** on 1766 points. Well done to all competitors, with all glory going to God for the wonderful day.

### Mr Mark Jory (Sports Coordinator)



## Year 10 Boys Indoor Cricket

On Monday February 26, a group of Year 10 boys competed in the Northern Zone Indoor Cricket Carnival at the Salisbury Indoor Cricket Centre. A number of the boys had competed previously in the 8/9 Indoor Cricket Competition, which they won.

Competition in the Open Division was strong and the boys were playing against many older and more experienced players. The Hope students were competitive and had some wonderful moments of great teamwork, strong batting performances and excellent bowling results. Their fielding was accurate and did some damage to the scores of other teams. They had some great wins against Gawler and Salisbury. The attitude of the students was outstanding. They worked hard to encourage and support each other and showed a consistently positive attitude towards the umpires, other teams and each other.

The Hope Team came fourth out of eight teams, which was a great result considering the team consisted of some of the youngest players in the competition. It will be exciting to see what the students achieve in next year's competition. Well done, boys; you worked hard and represented Hope Christian College in a positive and excellent way.

### Mrs Rachel Riggs (Teaching Staff)



## 'Grip' Leadership Conference

On Friday the March 16, Mrs Dwyer and Mrs Eckert took the six Year 5 Peer Leaders (Anya Jackson, Sarita Sorto, Saskia Jones, Reilly Bowers, Noah Thompson and Ben Beadle) to the 'Grip' Leadership Conference at the Adelaide Entertainment Centre. The conference was delivered by a passionate team of young and inspirational



educators with a focus on generosity, responsibility and integrity. The Peer Leaders had an exceptional time connecting with student leaders from a wide variety of Primary schools across Adelaide, and were inspired to have a positive impact on our local community at Hope Christian College.

One of the highlights included “leading like a strawberry, not a watermelon.” This session used the metaphor of these two fruits to look at the important element of integrity in leadership, and communicated to students the importance of being the same person on the inside, that they project on the outside. The students left the Conference brimming with fantastic ideas on how to help serve our broad College community, and we are looking forward to seeing them come into fruition. Watch this space!

“For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom to many.”  
Mark 10:45 NIV

**Mrs Tessa Dwyer (Year 5 Teacher)**



## Reception Powell

There has been great excitement over the last couple of weeks in Reception P. We have had cuddles with Scruffy the rabbit and been busy watching caterpillars turning into butterflies. This is all part of our learning, inquiring which symbol best represents Easter: bunnies or butterflies?

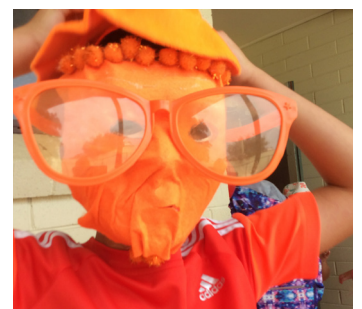


## Harmony Day

Harmony Day is a national event that celebrates cultural diversity. Cultural diversity focuses on differences among cultures and countries. We celebrate Harmony Day because we need to make sure everyone knows that no matter where they're from, they belong in the community. Harmony Day is celebrated on March 21.

On Harmony Day this year, R-5 students were allowed to wear orange, red, pink, peach, yellow and brown, as long as they brought a gold coin donation. As Peer Leaders, we had to go around judging classes and giving prizes for 'Best Boy', 'Best Girl' and 'Most Creative'. All the money raised went to SA Baptist Care.

**Ben Beadle and Reilly Bowers (Elliot and Fleming Peer Leaders)**



## Official College Times – A Reminder

At Hope Christian College we encourage the development of punctuality as a life skill. It is a condition of enrolment that students are required and expected to be IN class at 8:40am. We require the support of parents / caregivers to ensure this occurs so that holistic learning can take place.

At the end of the school day, students in Junior School (Reception to Year 5) are dismissed at 3:20pm, and those in the Secondary School (Years 6 to 12) are dismissed at 3:30pm.

With the exception of periodic medical appointments that may only be possible to arrange during the school day, we ask that parents do not make requests for their child(ren) to be permitted to leave early for casual work commitments, which are secondary to their formal education. Work hours need to be arranged so they do not conflict with the school day. Thank you for your understanding and cooperation with this.

## Tertiary Studies and Careers Expo Adelaide

The ninth annual Tertiary Studies & Careers Expo Adelaide and SA Work & Skills Expo are fast approaching, at the Adelaide Convention Centre.

These events are held over two days to offer students that are planning their pathway from education to employment the latest information on tertiary studies, further training, courses, career options and job opportunities from a wide range of exhibitors based throughout Australia and also overseas.

**Date:** Sunday 8 and Monday 9 April

**Time:** Sunday 10:00-4:00, Monday 9:30-1:30

**Venue:** Adelaide Convention Centre

More information is available at [www.careersevent.com](http://www.careersevent.com)



## School Based Apprenticeships & Traineeships

### What is an apprenticeship or traineeship?

Apprenticeships and traineeships offer the ability to 'learn and earn' from day one. They combine training and paid employment, leading to skills and qualifications that are recognised across Australia and by other employers in the industry. Apprenticeships and traineeships can be full-time, part-time or school-based and are available to anyone of working age. You can be a school student, a school-leaver, re-entering the workforce or simply wishing to change careers. Apprenticeships and traineeships are available in a variety of certificate levels in more than 500 occupations across Australia, in traditional trades, as well as a diverse range of emerging careers in most sectors of business and industry.

### What is the difference between an apprenticeship and a traineeship?

Apprenticeships generally last four years and cover traditional trade areas such as: building and construction; hairdressing; cooking; electrical; automotive; engineering and manufacturing, etc. Traineeships generally cover a much wider range of occupations than apprenticeships, however the training is usually shorter, lasting between one and two years. A number of higher level qualification traineeships have now been introduced which take longer to complete. Both apprenticeships and traineeships may be linked to further vocational education and university studies.

For more information go to: <http://www.apprenticetrainee.com.au/>

If you are interested in completing a School Based Apprenticeship or Traineeship (SBAT) and have an employer in mind, please contact me. If you would like to gain an apprenticeship after leaving school you need to be aware that the job market is highly competitive. Employers are looking for students who have completed previous VET (Vocational Education Training) and done work experience. If you have done neither, your chance of gaining an apprenticeship is reduced.

**Mrs Fay Alford (Pathways Coordinator)**



# PARENTS' CORNER

Thank you to those parents who have given positive feedback for the Cybersafety pieces we have placed in the previous newsletters. It is our intention to help equip parents as well as the children in our care with the tools and resources to make positive choices. Similarly, we trust you will find this newsletter's inclusions informative and useful.

**Mr Phil Tarrant (Deputy Principal, Secondary Student Well-being and Development)**

## Cybersafety

### Simon Sinek – The Dangers of Social Media Addiction (Video)

Simon Sinek talks in an extract from Inside Quest that discusses the dangers of social media addiction, and the implications of questionable leadership by parents of the Millennials. Additionally, he explores the impacts of this conditioning when facing life in the world of employment.

<https://www.youtube.com/watch?v=YpMnF362K0&feature=youtu.be>

### Is Your Teen Addicted to Their Phone?

The scary statistics:

- Worldwide, more than two billion people of all ages own smartphones. The average user checks their phone 85 times a day, and spends around five hours a day on it. Half of that time is spent on social media and texting.
- Aussie teens are currently averaging 3.3 hours of social media use alone, according to APA. That suggests total average screen-time in excess of 6 hours daily.
- Research also shows that 90% of parents believe it's up to them to curb their kids' device use. Yet, according to a national survey by the Australian Psychological Society (APA), 60% of mums and dads never monitor their teen's online activity.

[https://www.familyzone.com/blog/your-teen-is-not-addicted-to-her-phone-?utm\\_source=Hubspot+Subscribers&utm\\_campaign=0074298a51-EMAIL\\_CAMPAIGN\\_2018\\_03\\_08&utm\\_medium=email&utm\\_term=0\\_1378be8946-0074298a51-189695613&mc\\_cid=0074298a51&mc\\_eid=bfddd54e0f](https://www.familyzone.com/blog/your-teen-is-not-addicted-to-her-phone/?utm_source=Hubspot+Subscribers&utm_campaign=0074298a51-EMAIL_CAMPAIGN_2018_03_08&utm_medium=email&utm_term=0_1378be8946-0074298a51-189695613&mc_cid=0074298a51&mc_eid=bfddd54e0f)

### Facebook, Instagram, and Social Videos

Social media isn't simply a way of life for kids – it's life itself. To help them keep their online interactions safe, productive, and positive, we offer the most up-to-date research and guidance on social media basics. Learn about the latest apps and websites, and get tips on talking to your kids about sharing, posting, and avoiding digital drama.

<https://www.common sense media.org/social-media>

### If Your Child Has Snapchat, You Need to Read This Right Now

There are two things that make Snap Map different from, say, Facebook Live, or other platforms that broadcast in real time. One is how easy it is to access content. The other is the way it pinpoints users' locations.

[https://www.familyzone.com/blog/if-your-child-has-snapchat-read-this?utm\\_source=Hubspot+Subscribers&utm\\_campaign=0074298a51-EMAIL\\_CAMPAIGN\\_2018\\_03\\_08&utm\\_medium=email&utm\\_term=0\\_1378be8946-0074298a51-189695613&mc\\_cid=0074298a51&mc\\_eid=bfddd54e0f](https://www.familyzone.com/blog/if-your-child-has-snapchat-read-this?utm_source=Hubspot+Subscribers&utm_campaign=0074298a51-EMAIL_CAMPAIGN_2018_03_08&utm_medium=email&utm_term=0_1378be8946-0074298a51-189695613&mc_cid=0074298a51&mc_eid=bfddd54e0f)



## Sun Safety

We cannot stress the necessity for everyone to wear a hat outside, particularly in the hotter months of the year here in Australia. Only the official College hat may be worn. In line with the current 'Sun Smart' policy, wearing of the College shade / wide brimmed hat is required by all students in Terms 1 and 4; at recess and lunch breaks, outside class activities, class sport, and sports days.

Many students do not seem to realise the existing dangers of over exposure to the sun's dangerous ultra violet rays. Recently a Senior School class watched a news item screened a few years ago about the damaging effects of sunburn here in Australia. Some realised for the first time, that teenagers are greatly at risk if they do not follow common sense and highly recommended safe sun practices.



Please take the time to watch the following clips at home with your child(ren).

### Dying for a Tan – Australia

For many, sizzling in the midday sun is one of the delights of Summer. But as teenagers continue to ignore the sun safety message, more and more young people are developing skin cancer. "It's a really hard thing to be told you're going to die," confides Steven Nielson. He was 20 when he was first diagnosed with skin cancer. Now, the cancer has spread to his spine and he's nearing the end of his life. Benjamin Foley was 16 when he was first diagnosed, and Renee Marchment 24. "We see so many people who are totally unaware of the risks they're taking by sunbathing," states Professor John Thompson. Many refuse to wear a hat or sunscreen. As Ben states, "I thought I was invincible from the sun. I thought skin cancer only happened to older people. I was wrong."

<https://www.youtube.com/watch?v=dQ5JNbiH480>

### Dying for a Tan – UK

Many people wrongly consider tanning beds to be safe. The following video is informative on this topic. "Some

sune beds give out UVA rays up to 15 times stronger than the midday sun."

This video has been created to raise awareness of the dangers of sunbeds and features three melanoma patients who attribute their diagnosis to their past sunbed use. They speak graphically about the devastating effect melanoma has had on their lives.

[https://www.youtube.com/watch?v=KGI\\_8cRUFew](https://www.youtube.com/watch?v=KGI_8cRUFew)

## Uniform – With the Winter Terms Approaching

Thank you to the vast majority of students who diligently wear their uniform correctly. As well as adhering to appropriate uniform and grooming expectations, it also helps the College maintain good reputation in the wider community among employers, etc, which only benefits your children and increases prospects of gaining employment.

It is a condition of enrolment at Hope Christian College that students possess and wear the correct uniform for each term. With Term 2 approaching, now is the time to check that your child has the appropriate and correct sized uniform items for Winter terms. Please consult the Uniform Policy document on the College website to check. A few particular reminders:

- Senior Students in Years 10-12 require a blazer, which is heavily subsidised by the College. Blazers are to be worn to and from the College and at all assemblies and any other official occasions.
- Ties are to be worn in Winter terms.
- Girls' skirts are to be worn **below** the knee.
- Year 3-12 girls must wear black tights (not sheer stockings)
- Lace up shoes with an arch or heel support, with a stepped heel, not slip on or soft slipper type shoes.
- We would encourage purchase of a wet weather jacket for colder / wetter days, or Year 6 to 9 students may also wear a blazer.
- In addition, no student should now be wearing any items with the old CCS logo or badge. The four-year transition period is now over and a letter was sent out about this. This most recent College Uniform Policy is available for viewing via the College website. <https://www.hopecc.sa.edu.au/wp-content/uploads/2017/10/STUDENT-UNIFORM.pdf>

The College uniform shop is open at the following times:  
 Monday 9th April 8:00am-12:00pm, 1:00pm-4:00pm  
 Thursday 12th April 12:00pm-4:00pm  
 Thursday 26th April 9:00am-2:30pm  
 Friday 27th April 9:00am-2:30pm  
 Monday 30th April 8:00am-10:00am, 1:00pm-4:00pm  
 Thursday 3rd May 8:00am-10:00am, 12:00pm-4:00pm  
 Monday 7th May 8:00am-12:00pm, 1:00pm-4:00pm

## Childrens' University

Dear parents of Childrens' University students, there has been a change in the way regular activities are being recorded. Before you could record 10 hours per 30 hours of passport activities. No longer are these recorded on a weekly or fortnightly basis in your passport. Students or parents need to notify which activity they are doing- there is a form with a variety of details to be completed throughout the year, and then the form is handed back to me. I will enter the 10 hours into the passport.

I have forms for: Martial Arts, OSHC, Performance Art Studios, Show Activity review (for entry of something into a local show, e.g. an art piece in the Gawler Show), Sporting activity (soccer, basketball, football, etc), Dance School, Instrumental lessons, Scouts or Girl Guides, Art/ design lessons, Surf Lifesaving, Vac Swim, Swimming Club, Volunteering (e.g. helping out on a regular basis as a volunteer for a community organisation).

There is also a list of Learning Destinations in the North for you to consider as you gather your hours for 2018:

Adelaide Zoo  
 Alys Jackson Writer  
 Aquadome  
 Australian Air League  
 Barossa Bushgardens  
 Barossa Library  
 Bunnings Warehouse  
 Carclew  
 City of Playford – Kids in the Kitchen  
 City of Playford – Library Service  
 City of Playford – Free Sports Clinics  
 Communities for Children – Elizabeth  
 Doddridge Blacksmith Shop  
 Elizabeth Bowland  
 Flip Out – Munno Para  
 Growing with Gratitude  
 Homefresh Experience Cooking  
 John McVeity Centre  
 Life. Be In It.

Lyndoch Lavender Farm  
 Luhrs Cottage Preservation Society  
 National Military Vehicle Museum  
 Upside Down Circus  
 Salisbury Recreation Precinct  
 School Badge Challenge  
 Story Box Library  
 TAFE SA – Regency Park  
 The Coral Garden – Dr Tulio Rossi  
 The Stretton Centre  
 Town of Gawler Library  
 University of SA – Planetarium  
 Latitude

**Mrs Rosanne Wolfendale (Childrens' University Coordinator)**



## OSHC

In the April holidays, we have planned trips to the cinema and Games Room Essentials. Mobile Junk and Nature Playgrounds will be visiting our service, plus Wheels Day, cooking and many more exciting activities. Bookings are essential; there are still a few spaces available on some days.

### OSHC HOURS AND FEES

Before School Care 6:30am-8:30am \$15 per session  
 After School Care 3:20pm-6:30pm \$20 per session

Enquires to the College Office on 8287 1111 or to Hazel Jones (OSHC Director) 0490 113 631

# College Calendar - Important Dates

## 2018 Term 1

APRIL	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	WEEK
	1	2 Easter Monday	3 SACSA Inter-Christian Sports Day	4	5 8/9 Boys Indoor Cricket  Yr 11 Lawn Bowls	6 Yr 11 SACE Art Excursion	7	10
	8	9 Playgroup 9:30-11:00am  MS Missions Trip	10 R-5 Parent-Teacher Interviews  MS Missions Trip  Yr 7 Adelaide Museum Tour	11 MS Missions Trip	12 Yr 10 Geography Excursion  Yr 11 Lawn Bowls  MS Missions Trip	13 Last Day Term 1  MS Missions Trip	14	11
	15	16 MS Missions Trip	17 MS Missions Trip	18 MS Missions Trip	19	20	21	