



## Year 1 Excursion to Uleybury School Museum

On Thursday Week 3, the Year 1s went on an excursion to the Uleybury School Museum. The Museum lets students step back in time and see what education was like in the past with a hands on school lesson.

The Year 1 students used inkwells and slates, and saw the uniforms they would have worn if they attended school in the 1800s. Then they went outside for playtime – riding a hand made gokart and rolling hoops.

“I liked going to the Uleybury School Museum because of all the toys, and I got to ride a billy cart.” – **Ayak Dhieu**



## Year 9 Camp

### STUDENT REFLECTIONS

“One of the positives of camp was being with the Year 9s outside a school environment. I think this really helped us to bond more and we all worked as a team to help each other out.”

“I liked being surrounded by nature in a somewhat technology free environment, as it was calming and undistracting.”

“The thing I found most challenging was cooking on the Trangia and also trying to navigate our way to and from each camp through the woods.”

“I learned how to cook on a Trangia and navigate a compass throughout the walks.”

“Something I learned that I didn’t know before was rock climbing vertically and upside down on the hardest rock climbing course at the camp.”

“I learned that I can push myself to do stuff I don’t usually do without a negative attitude.”

“The most major thing I learned about myself on camp is that I am very quick to judge. I create opinions on people quite quickly, even if I don’t really know them. Being with the Year 9s in another environment besides school made me see people from a different perspective.”

“Something that I learned about myself was that I really enjoy hiking.”

“Camp was an amazing experience and I learned a lot about myself and the rest of the Year 9s.”

“Wish I could do it again.”

## Senior Missions Trip

In the October school holidays three Hope Christian College students joined five Geneva Christian College students and embarked on a journey to the Philippines. The students spent time in the classroom at King Solomon Christian School International, had a language lesson and spent time with the youth. They experienced a half-day with a school family in their home. It was during this time they were able to experience their poverty first hand. Another moving experience was going to Payatas. Payatas is a dumpsite where people have built slums to live in. There are a few shops and churches. We were lucky enough to paint one of those churches. The relationships that have been built between the Australians and the Filipinos will be remembered over the student's lifetime.

"My experience in the Philippines was unlike any other I have experienced. The people there were so friendly and offered everything that they had in order to accommodate us. I would definitely recommend this trip to anyone interested in making new friends and helping those in need. The people were by far the most memorable things about the entire trip. No one who went would say that they didn't come back changed, or at least with a new friend. I did enjoy the more touristy parts of the trip but, despite common opinion, I believe that the times when we simply visited the school and met the people of the community were the most fun. It truly was an amazing experience that has allowed me to change for the better. Coming into this trip I was extremely nervous, but I soon realised as the days flew by that I had nothing to worry about. In fact, I was much more worried about returning home, knowing that I would dread leaving all my new friends behind. It was a great trip and I will forever remember it."

– **Stephanie Scannell, Year 10**

**Mrs Megan Callan (Missions Co-ordinator)**



## Student Achievement: Ashlee Schoene

Ashlee Schoene represented Australia in the Olympic Hope World Championships in Racice, Czech Republic, over the period Friday 15 to Sunday 17 September 2017.

Ashlee competed in:

WK1 1000m Race 28 Heat 3 on Friday, coming 3rd with a personal best (PB) of 4:28.846. Her previous PB was 4:36.590 (an outstanding 8 second improvement over the 1000m). Her coach said, "she looked petrified before the race but paddled like a professional." This secured her a semi-final race.

WK1 1000m Race 72 Semi-Final on Friday coming 4th with yet another PB of 4:27.936, another second off her previous race. Unfortunately, only places 1-3 went on to the final. It is interesting to note that if she had been selected in the other semi-final race, she would have been placed 2nd and raced in the final. The upside of her 1000m races is that Ashlee is now placed in the top 10

(8th) Women in her age group in the world, and number 1 in Australia for this event.

WK2 500m Race 160 Heat 4 on Saturday with a PB of 2:02.201. Her team boat progressed to the semi-finals but were knocked out of final contention.

WK2 200m Race 292 Heat 4 on Sunday which progressed the team boat in to Race 340 in the semi-finals. Her team boat placed out of final selection but achieved a PB of 41.551 (5.6 secs faster than their previous times).

WK4 200m Race 304 Heat 3 on Sunday and again the team progressed through to the semi-final but was knocked out.

Sunday was a busy day for Ashlee as she competed in a heat and semi-final in both the K2 and K4 races. Luckily it was also the end of competition as the team had expended their efforts throughout the racing and now headed off for some rest in Prague before flying home to Australia.

Ashlee will now return to the humdrum of training at West Lakes and the local competition in South Australia before competing in SA State Titles and National GP Regattas prior to National Titles in Sydney early in 2018. She hopes that she will again represent Australia overseas in 2018.

Ashlee is currently in the State Development Program and the National Elite Development Program for the coming 2017/2018 season.

Ashlee will now refocus on her studies and over the coming weeks looks forward to maintaining her academic results for Year 10.

We are very proud to see the Australian National Flag emblazoned to her name and placing, especially as she was one of only three girls to represent Australia in WK1 events over the World Championships.



## Operation Christmas Child

### SHOEBOXES OF LOVE

This year Hope Christian College participated in collecting Shoeboxes of Love. Classes and individuals packed shoeboxes with gift items from the following categories: something to love, something to wear, something for school, something to play with, something for personal hygiene, something special and \$10 needed for transport costs.

One more box = one more child reached with the unconditional love of God.

Shoeboxes will go to impoverished children in Cambodia, Vietnam, Thailand, PNG, Fiji, Vanuatu and Samoa. The shoeboxes packed are very likely the first gift the child has ever received.

Some parent donations were very generous and were contributed either through class collections or through the Front Office. I thank you for your charitable spirit, even though I don't know who you are. We collected 27 boxes this year – a good effort. I hope that each year we will increase this number as more people are involved.

### Fay Alford (Operation Christmas Child Shoeboxes of Love Collection Coordinator)



## Playford Library Robotics

At Playford Library, we are excited to announce that in Term 4 we will be commencing a series of Robotics (STEM) Workshops as part of our new Robotics Club.

If you know of students in your class who have an interest in STEM, Coding, Robotics etc., then this is the workshop for them.

Workshops will be held on a Monday from 5:00-7:00pm at Stretton Centre Library, 307 Peachey Road, Munno Para.

Each workshop is traditionally \$35pp; however, the Playford Library and Stretton Centre are subsidising this, making each workshop only \$10pp (\$100pp for the 10 week workshops series). This is a fantastic opportunity to allow your students to be involved in a popular and exciting field of study!

## Awards Night

This year's Awards Celebrations will be held on the last day of school (Thursday 14th December). The Junior School (Reception to Year 5) Celebration will be held at 9:00am in the Craigmare Christian Church auditorium on-site. All parents, caregivers and extended family are most welcome to attend. This is a great morning where we celebrate the good things that our students have achieved throughout the year. The celebration will conclude at approximately 10:30am. You are welcome to take your children home at that time, or they will stay with their class until the whole College is dismissed at 12:30pm.

The Years 6 to 12 Awards Celebration will also take place on Thursday 14th December. It will commence at 7:00pm and will conclude around 8:30pm. Again, parents, caregivers and extended family are invited to attend and join the celebration of great achievements of 2017.

All students (Reception to Year 9) are dismissed at 12:30pm on Thursday 14th December. Please make arrangements to collect your children at that time.

Full Summer uniform is required for both of the awards celebrations.



## Defence Force Work Experience

The Defence Force offers work experience each term at the RAAF base, Edinburgh. Work experience opportunities are advertised to Senior students via College emails.

Bradley Leksas undertook work experience from Mon 30 Oct to Thu 2 November. Bradley wrote:

"I enjoyed seeing the different jobs available in the RAAF. It helped me decide if the Defence Force is right for me. I've decided that the Air Force is a good career choice. I aim to study more and do better in my studies. I'm considering applying for ADFA (Australian Defence Force Academy). If anyone is thinking about applying for Defence Force work experience, I'd encourage them to go for it. The food in the mess was great!"

**Fay Alford (Pathways Coordinator)**

## OSHC

The Hope Christian College Out of School Hours Care service received our Assessment and Ratings Report this week from the Education Standards Board. We are pleased to inform the college community we achieved an overall rating of 'Exceeding National Quality Standards'.

The December/January vacation care programme will be available on Monday Week 6 of Term 4 and will be emailed to our enrolled families, available for download from the College website, or may be collected from the OSHC Office.

### OSHC HOURS AND FEES

Before School Care	6:30am-8:30am	\$15 per session
After School Care	3:20pm-6:30pm	\$20 per session

Enquires to the College Office on 8287 1111 or to Hazel Jones (OSHC Director) 0490 113 631

Child Care Benefit Refund available where applicable.

# Parents' Corner

## BETTER PARENTING AND CYBER-WELLBEING RESOURCES

### How to set up parental controls for YouTube

[https://en.softonic.com/articles/how-to-set-up-parental-controls-for-youtube/?utm\\_medium=push&utm\\_source=all\\_en&utm\\_campaign=433f5a82-95d5-4fb8-9853-81994357c934](https://en.softonic.com/articles/how-to-set-up-parental-controls-for-youtube/?utm_medium=push&utm_source=all_en&utm_campaign=433f5a82-95d5-4fb8-9853-81994357c934)

YouTube is a useful resource for learning and a great place for hilarious cat videos but it also contains plenty of videos that parents don't want their children to see. Fortunately, YouTube has parental controls, and they're not that hard to set up. If you are a concerned parent, follow the steps outlined in the link above to get YouTube's parental controls up and running. It includes guidelines on:

- Browser-Based Parental Control
- Mobile-Based Parental Control

If you want your child to be protected from flagged and inappropriate content, then be sure to follow these steps. Once you've set up Parental Controls, YouTube will automatically filter everything for you.



### Cyberbullying, Haters and Trolls

[https://www.common sense media.org/cyberbullying/age/all?j=5557794&l=512\\_HTML&u=85842978&mid=7000332&jb=94&utm\\_source=100617+Teen&utm\\_medium=email&utm\\_campaign=weekly#](https://www.common sense media.org/cyberbullying/age/all?j=5557794&l=512_HTML&u=85842978&mid=7000332&jb=94&utm_source=100617+Teen&utm_medium=email&utm_campaign=weekly#)

Common Sense Media explores many Questions and Responses to commonly asked questions relating to cyber-bullying depending on age of the child for: Pre-schoolers (2-4), Little Kids (5-7), Big Kids (8-9), Tweens (10-12), Teens (13+).

These include:

- What is cyberbullying?
- What should I do if my kid is bullied online?
- What can I tell my kid to do if he or she is being cyberbullied?
- How do I report cyberbullying?
- What should I teach my kid about safe online behaviour?
- When should parents intervene in a cyberbullying situation?
- Should I talk to my pre-schooler about cyberbullying?
- Are there any resources to help pre-schoolers learn about cyberbullying?
- How do I protect my young child from cyberbullying?
- Do you recommend using only sites where the community is monitored?
- What should I say to my young child about cyberbullying?
- Is there any way to make sure my kid won't become a cyberbully?
- What should I say to my young child about cyberbullying?
- When does "kids being kids" turn into cyberbullying?
- How can I determine whether my kid is a cyberbully?
- What should I say to the parents of a cyberbully?
- How do I prepare my kids for an online world where cyberbullying is a risk?
- How do I monitor my teen online without "spying"?
- What should I do if my teenager is cyberbullied in an online game?
- What is digital harassment?
- Is there a connection between cyberbullying and suicide?
- How should my kid respond to haters and trolls online?
- Mean YouTube comments upset my kid. What should I say?
- How common is cyberbullying?



## Learning Apps – 19 Apps and Sites for Kids Who Hate Mathematics

Worksheets. Problems on the board. Showing your work. Some common math problems don't even involve numbers – just frustration. Though many classrooms are trying new, exciting approaches to mathematical thinking and arithmetic, it still doesn't compute for some kids. Thankfully, there are some truly fun tech tools that can bolster kids' skills as they play a game. Since the best apps offer experiences that can only exist on-screen, some on this list let kids apply math concepts in fantastical settings or to real-world problems. Others give kids a new way to see numbers and how they relate to each other. Sometimes kids just need outside help, and there's an app for that, too. Choose an app that works for your kid's age and skill level, and watch the success multiply.

[https://www.commonsemmedia.org/lists/19-apps-and-sites-for-kids-who-hate-math?utm\\_source=EduNewsletter\\_2017\\_10\\_31&utm\\_medium=email&utm\\_campaign=weekly](https://www.commonsemmedia.org/lists/19-apps-and-sites-for-kids-who-hate-math?utm_source=EduNewsletter_2017_10_31&utm_medium=email&utm_campaign=weekly)

Happy and safe web-surfing!

**Phil Tarrant (Deputy Principal, Secondary School)**

## HOMWORK IN SECONDARY SCHOOLING AT HOPE CHRISTIAN COLLEGE

**Research** shows that:

1. There is a strong connection between good homework practices and academic success at school;
2. Teacher instruction and feedback encourages good student homework practice;
3. Parental involvement and encouragement enhances student homework effectiveness.

Hope Christian College believes homework to be an important part of the College expectations and therefore encourages students to develop regular, diligent homework routines as an extension of the College day.

### Responsibilities

**Teachers** will take responsibility for leading students in their learning in the classroom at College. This will also include advice on how to undertake home study and a range of assessment tasks to be completed in part or whole at home. Secondary teachers will communicate with parents via a simple SMS when a task has not been submitted on time, with the subject, task, due date missed and the teacher's name.

**Students** are to develop ownership of their learning and be responsible for ensuring they undertake their studies to the best of their ability and submit work on time. Late work will normally result in a 'zero' or 'not completed' grade (and still required to be completed for marking and feedback purposes) unless permission for an extension has been sought and granted prior to the submission date. Students should record homework tasks in their College diary.

We ask **parents** to oversee their child's home study, including ensuring any homework tasks and assignments are completed and submitted by the due date for marking assessment and reporting. Parents are encouraged to provide a quiet, work conducive environment at home for effective school work to be done, and to set aside time for homework within family routines. It is not parents' job, however, to do students' homework for them. It is expected that parents will encourage their child in their work and provide assistance where possible and if necessary. Please communicate with subject teachers where difficulties are discovered. Homework time needs to be balanced with other family, leisure and out of College activities. Additionally, we ask that when a parent receives an SMS or email indicating their child has not completed their home study task on time, that a suitable home consequence is issued. Please communicate if there is a legitimate reason why a task was unable to be completed via an email or via the student's diary. Parents should also check their child's diary and sign it each day.

### Students can never say that they have no homework.

All Middle Schooling Students should make a habit of preparing for upcoming work (if known) and revising work in preparation for tests whether or not homework tasks have been directly set. Parents should feel free to request work for students by consulting their teachers.



The following times are a guide for minimum homework expectations from Monday to Friday:

<b>Year level</b>	<b>Minimum Expectation</b>
MS Year 6	30 to 60 minutes per night
MS Year 7	30 to 60 minutes per night
MS Year 8	60 to 90 minutes per night
MS Year 9	60 to 90 minutes per night
SS Year 10	60 to 120 minutes per night on average
SS Year 11	As per SACE demands / requirement (Could be 2-2.5 hrs on average per night and some time on the weekend to do the learning and development justice)
SS Year 12	As per SACE demands / requirements (Could be 2-2.5 hrs on average per night and some time at the weekend to do the learning and development justice)

### Homework Club

A supervised 'Homework Club' is open to Middle and Senior Schooling Students on Wednesday afternoon from 3.30-4.30pm in the Library. Students may voluntarily elect to attend provided parental consent (written or phone call) has been given beforehand to the Middle and Senior Schooling Coordinators. During this time students have access to computers and Internet as well as one-on-one assistance from staff. It is hoped that before too long the Library will also be open each morning before school and after school each day for supervised personal study.

### Tips for greater success

A well-known saying goes: "Proper prior preparation prevents poor performance." It therefore helps to develop good habits.

Establish routines that maintain helpful procedures in your learning.

- Decide on a set time to do your homework/study every day.
- Put your work back in your school bag when you're done.
- Put everything you'll need for the next day in your bag the night before.
- Set out your clothing and any extra things you'll need.
- Consult your diary/planner often, and check on, maintain, and alter your organisation system when needed. Organised people are constantly tweaking their systems to adapt to new situations, and you should do the same.
- Be on time to class. Being punctual increases efficiency.
- Make sure to take the time to put the correct books in your bag.
- Try not to waste time and then pay for it later.



### HOW PARENTS CAN REDUCE STRESS AT EXAM TIME

Eighty percent of school students are keeping exam stress bottled up, while also increasing pressure on themselves to perform. As tens of thousands of students continue their exams, we're encouraging parents to reach out at exam time to help them beat the books – and the blues.

Helping a stressed teenager, let alone talking to them about stress, can be tough at exam time, but here are a few simple ways you can help a teenager feel a bit better than before.

- Look out for signs that your teenager might be stressed.
- Find an opportunity to talk about symptoms of stress with your teenager.
- Help them find time to do things that they find relaxing.
- Reflect on your own expectations: are you on the same page as your child?
- Look after yourself too.

With a little practice, you'll be good to go!

# College Calendar - Important Dates

## Term 4

	SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	WEEK
NOVEMBER	12	<b>13</b> Playgroup 9.30-11.00 Northern Zone 8/9 Boys & Girls Ultimate Frisbee Year 12 Physics Exam	<b>14</b> Year 8/9 Boys & Girls Beach Volleyball	<b>15</b> Year 10 Boys & Girls Beach Volleyball Year 12 Chemistry Exam	<b>16</b> Year 4-7 Boys & Girls Beach Volleyball Year 12 PE Exam	<b>17</b> Year 12 Tourism Exam Year 12 Specialist Maths Exam Chapel: Worship Team	18	5
	19	<b>20</b> Playgroup 9.30-11.00	<b>21</b> Music Tuition Concert	22	23	<b>24</b> Year 12 Formal  Chapel: Chaplains to organise with Worship Team (Yr 1-11)	25	6
	26	<b>27</b> Playgroup 9.30-11.00 Year 10-11 Exams JS Swimming Year 7A Art Excursion	<b>28</b> Year 10-11 Exams JS Swimming	<b>29</b> Year 10-11 Exams JS Swimming Middle School Orientation Evening	<b>30</b> Year 10-11 Exams JS Swimming Year 7C Art Excursion	<b>1</b> Year 10-11 Exams JS Swimming NO CHAPEL  Middle School Assembly	2	7