Year 5 Camp

Our Year 5 students recently enjoyed an amazing three days at Illawonga Camp, which is near Swan Reach on the Murray River. For most students, this was the first camp away from their families, and several of them really enjoyed developing closer relationships with children from both Year 5 classes.

They were able to have heaps of fun as they learned about nature and native animals. One of the most popular activities that developed coordination and confidence was playing in the fully equipped gymnasium with the huge foam filled pit. Students played hide and seek, had foam fights, balanced on the balancing beams, did tricks on the trampolines and tested their strength and skill on rings and uneven bars.

The other all time favourite activity was jumping on the boat, with Misty the GPS Border Collie pointing the way with her paws, and then exploring the caves and finding fossils. In parts of the cave, the Year 5 students had to crawl on their hands and knees by torch light. All students succeeded in the challenge to turn off their torches and stand silently in the pitch black cave for 30 seconds.

Students thoroughly enjoyed the yabby fishing and went from being very timid with the yabbies at the start of the session, to having the courage to pick them up in their bare hands. One group caught over 20 yabbies! The eco-tour boat ride was very exciting, especially when students got to steer the boat and do doughnuts. Nobody minded a little bit of water!

The students also learned the importance of the River Murray to our farmers and native flora and fauna. They found it very interesting to learn how floods and bushfires are beneficial to the Murray in helping it stay healthy. Lots of kangaroos with their joeys were spotted on the safari ride, and students even saw an eagle! Buddy the Cattle dog showed off his skill at keeping up with the trailer. Students were very surprised to see one person catch a wombat.

They also loved singing their hearts out during the karaoke, followed by toasting marshmallows on the camp fire. But, as always, the best part of camp was memories made and friendships formed. Students came back with weary eyes (who needs sleep?) but smiling faces and glowing reports about how camp was “the best camp ever!”

Mrs Tessa Dwyer, Year 5 Teacher

Staff Welcome

Ms Renee Dabrow will be taking over Mrs Jane Petrie’s Year 7 class. If you see her around, please make her feel welcome.
Reception to Year 2 Sports Day

On Sports Day my favourite part was seeing children happy that they won a ribbon. I got five ribbons. It was great that everyone got fit and learned more about sport.

Joshua Tinsley, Year 2

Mrs Sherri Powell, Reception Teacher

Student Achievement: Bradley Leksas

Straight from Year 11 Camp to the skies for his first solo flight, Bradley Leksas now has his ‘P’ plates for a motor car and an aircraft.

Below is a photo of Adelaide Soaring Club Instructor Colin Drew congratulating Bradley on his well flown first solo in a Jabiru J170 Light Sport Aircraft on Friday 22 September.

Reception and Year 1 RAA Visit

The Reception/Year 1 classes recently had a visit from an RAA Road Safety Educator. We learned and practised many important road safety topics including not playing on or near the road, holding an adult’s hand to cross the road, and how to cross the road by using the actions stop, look, listen and think. We also got to measure ourselves against the child car seat chart and found that... we all need to be sitting in a child safety seat!
Health Alert on Pollen

Peak hay fever season has arrived and the potentially serious health risks are not to be sneezed at, authorities have warned.

SA Health’s Deputy Chief Medical Officer Dr Nicola Spurrier said high pollen counts in Spring led to exacerbated asthma symptoms and subsequent high rates of hospital admissions.

“In South Australia, we have the highest rates of asthma related hospitalisations and mortality per capita in the nation, and during Spring the allergies that cause hay fever can make asthma even more difficult to manage”, she said. “People with asthma who also have hay fever are more likely to end up in hospital or emergency departments and have more absences from work or school, so it is important that they have effective treatment for their hay fever to assist their asthma control.”

This year SA Health has partnered with Asthma Australia to warn asthmatics of the dangers of days of increased pollen count. Asthma Australia SA management program co-ordinator Clara Tait said hayfever - or allergic rhinitis - could continue through Summer, with many suffering symptoms after Christmas.

“Our health line, which helps callers deal with asthma and hay fever, has been very busy,” she said. “There are a few simple tips that can make all the difference, such as ensuring you have an up to date asthma action plan and a hay fever plan to keep one step ahead of your symptoms. It’s also important to treat your hay fever- take your preventer regularly as prescribed and check your device technique to get the most out of your medication, as this can make all the difference. Always carry your blue puffer with you and treat symptoms when they arise.”

To reduce the risk of an attack stay indoors whenever possible on windy days and during thunderstorms. Avoid activities that you know will increase your exposure to pollens that you are allergic to, such as mowing the grass. Shower after outdoor activities when there are high levels of pollen, and use recirculated air in the car.

Article from The Advertiser newspaper.

Senior School Subject Selection 2018

Senior School students are in the process of 2018 subject selection. VET (Vocational Education & Training) courses can be a good choice for students who have an interest in areas that are not catered for by normal school subjects. VET courses can contribute towards a student’s SACE. Generally, Certificate II counts towards Stage 1 and Certificate III counts towards Stage 2. A completed Certificate III may be used in ATAR calculation for university entrance.

There are many options to choose from which give students a head start into their career pathway. Some courses selected in recent years include: automotive, early childhood education, business, aviation, health services, fitness, hairdressing, pre-plumbing, animal studies and digital media.

Hope Christian College generously supports VET courses by reimbursement of up to $1600 via school fees, on course completion. This means that the course effectively costs nothing (or very little). Financially speaking, this is a much better option than waiting until after school to commence a TAFE (or similar) course when no such subsidies may be provided.

I encourage parents/caregivers to discuss VET options with their children. My work days this semester are Tuesday, Wednesday and Friday and I can be contacted by email at other times. Please contact me if you would like more information about VET courses, career pathways or work experience.

Mrs Fay Alford, Pathways Coordinator
Short Courses Term 4

Short Courses for Secondary Students Term 4, 2017 are now open. Please head to the TAFE SA website to download your copy of the PDF for more information.

Education Currency Certificate (ECC)

Teachers delivering under VISA agreements in 2018 will need to have completed 9 hours of ECC PD activities in 2017.

Your evidence of ECC activities undertaken in 2017 needs to be provided to TAFE SA before VISA applications for 2018 can be approved.

Please send copies of Statements of Attendance, Attainment, Certificates, etc. to visa@tafesa.edu.au for TAFE SA to confirm you have met the requirements of ECC and retain for audit purposes.

Save the Date: VISA Preparedness Training for 2018

Dates have been set for the mandatory VET delivery training in 2018. Sessions will be run from 2:00 - 4:00pm on November 14-16 using Skype for Business. You must register prior.

BAE Systems (British Aerospace Systems Australia)

Have you ever considered a career in the Defence Industry?

BAE Systems Australia, a global company and the nation’s largest and most established Defence Industry Company, wants to introduce students to current and upcoming opportunities in defence, with a particular focus on engineering, technology and design.

BAE Systems has advised they are holding a Careers in Defense event at TAFE SA Tonsley Campus.

Date: Tuesday 24th October
Time: 5:00-7:00pm
Location: TAFE SA Tonsley

At this event you will have the chance to see where your studies can take you- from a graduate position to a career as a senior engineer. You will hear from and have the chance to work with senior employees and decision makers at BAE Systems who will share how they made the transition from study to a career in defence and how they are applying their studies to great effect at BAE Systems.

Panel conversations and presentations will be followed by Q&A and networking with BAE Systems Australia representatives as well as the opportunity to experience BAE Systems’ virtual reality engineering tool.
Cert II in Aquaculture Certificate II in Aquaculture SF1122011 - TGSS

State of the art Aquaculture facilities at TAFE SA Gilles Plains Campus.

This course represents the base entry point into this sector of the seafood industry and provides people with a range of core and underpinning skills and knowledge relevant to work as a field hand in the aquaculture sector. This qualification can also include training in shipboard safety.

**Duration:** 20 weeks, 2 day per week. 9:00am- 4:00pm
**Location:** TAFE SA Gilles Plains Campus
**Start Date:** Term 1 2018

For more information or assistance, contact Josephine Mair at josephine.mair@tafesa.edu.au

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2018 Teacher Training Scholarship (CSA)

Are you completing Year 12 in 2017 at a CSA SA school? Do you hope to impact young people in the future for Jesus Christ? Becoming a teacher is a great opportunity to do so.

Are you thinking about commencing Undergraduate Teacher Education in 2018? Would you like to access a $1000 Scholarship to help with your expenses in commencing a teaching degree at Tabor Adelaide?

Each year Christians Schools Australia (CSA) in South Australia supports exceptional graduating students from CSA Schools in their endeavor to commence a teaching career by offering up to three scholarships worth $1000 each. The scholarships are intended to assist students in their first year at Tabor Adelaide, one of the leading Tertiary teacher education facilities in Australia.

To be successful in achieving this scholarship, Year 12 students will need to demonstrate an enthusiasm for Christian teaching according to the following criteria:

- Successfully completing Year 12 in 2017 in a CSA school in South Australia. (scholarship is conditional on attainment of required ATAR score)
- Be able to provide a personal statement demonstrating your call to teaching and what you hope to achieve in the ministry of teaching.
- Provide evidence that you are achieving good academic results.
- Provide the names of two persons who could support your application - one from the Christian education sector and one with reference to your Christian commitment.

**Applications close November 30th 2017**
Please email applications to Sandra Scott, CSA State Executive Office sscott@csa.edu.au
Please talk to Mrs Alford for an application form.
Parents’ Corner

BETTER PARENTING AND CYBER-WELLBEING RESOURCES

This month we’d like to suggest the following resources for parents to use, for and with their children, to help ensure they use the Internet and their portable digital devices with safety and caution. It is important in this day to be wise ‘digital citizens’ and be careful of the ‘digital footprint’ we leave.

Internet Safety 101
Internet Safety 101 at [https://internetsafety101.org/](https://internetsafety101.org/) InternetSafetyrules includes a downloadable pdf of ‘Rules and Tools’. These help to implement both safety rules and software tools to protect children online. They focus on the positives of Internet use while teaching children about the dangers and how to make wise choices online. A useful link also exists to [www.enough.org](http://www.enough.org).

On this site you will find Internet Safety Rules (Non-technical measures to protect kids online). As technology continues to evolve, it is easy to feel left behind. Follow these nontechnical measures to help you become a cyber-savvy, virtual parent. There follows 13 pearls of wisdom with short video clips, simple steps to protect yourself against ‘phishing’, and links to: Predators & trafficking 101, Pornography 101, Social media 101, Mobile & wireless 101, Online gaming 101, Cyberbullying 101, Cyber security 101, Safety & prevention 101, Resource centre.

Texting/Messaging Codes
Another worthwhile parental tool to have is a knowledge of the plethora of acronyms and abbreviations that are used by many on social media, both for speed and also to as a shorthand code. How many of these I wonder, do know the meaning of?


We hope you are finding this series of resources useful in better equipping you as parents. Please feel free to email me any useful sites or resources you come across as well.

Mr Phil Tarrant, Deputy Principal (Secondary School)

Teens’ Corner

TEENS’ CYBER-WELLBEING RESOURCES

Many children and adults still do not realise that what goes on to the internet lives there in cyberspace forever. What is posted on social media today could affect a person in years to come.


This link will help you discover the answers to the following questions:
1. Am I struggling with my identity?
2. Would I say it to someone face-to-face?
3. Am I posting about something when I should be taking action?
4. Am I allowing social media to create (or amplify) frustration?
5. Will this post add something to the conversation?
6. Will this post glorify God?
The P’s of Success for Children, Parents and Educators Challenge!

As a College we are intending to help develop the ‘whole child’. As such it is well to remember necessary life-skills which we can easily do with some helpful alliteration using the letter ‘P’: “proper prior planning and preparation prevents poor performance”.

Here are a few other important ‘Ps’:

**Preparation and Personal Organisation**: being equipped with everything required for effective learning to take place.

**Presentation**: Correctly dressed. Uniform and Grooming is not only often a requirement for employment in life and the workplace but also gives a strong indication of a person’s self-discipline, personal organisation and pride.

**Punctuality**: A necessary skill in all aspects of life. This is not only for personal benefit but also often for mutual and reciprocal benefit.

**Politeness**: “Manners Maketh Man” is an old fashioned but very true saying which pays dividends. Remember to say “Please”, “Thank you”, “You’re welcome”, “I am sorry”, “I forgive you”, to listen while another person is speaking without interrupting them, and to respect self, other people and GOD.

**Passion and Pride** applied to everything we attempt: Colossians 3:23-24 “And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ.” (NKJV)

**Persistence**: not giving up especially if after experiencing failure, which need only be temporary.

**Positivity**: enhances a greater degree of mental, emotional, social, physical and spiritual wellbeing.

**Personal Performance**: always seeking to apply our very best on-task efforts, even in aspects of learning we may not enjoy; such is life at times.

**Prayer** - In all things: Phil 4:6-8 reads: “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Meditate on these things. Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy - meditate on these things”. (NKJV)

All these P’s (and others) should lead to greater productivity and pleasure in helping develop the ‘whole’ person. How many do we each need to work on?

Mr Phil Tarrant, Deputy Principal (Secondary School)

**UNIFORM AND GROOMING REMINDERS**

Maintaining high standards of dress benefits everyone in the Hope Christian College Community. As we have commenced a new term it is important to have noted, taken on board and addressed the summer uniform requirements. If in doubt please check out the College’s most recent Uniform Policy via our updated College website at: [www.hopecc.sa.edu.au](http://www.hopecc.sa.edu.au) and the ‘Our College’ drop down menu. Please ensure all items of uniform are named in more than one place for identification of the owner as well as ease of return if misplaced and found.

The onsite College Uniform shop ‘Perma Pleat’ is managed by our wonderful Mrs Julie Gent and is normally open on **Mondays 8:00am-12:00pm** and **Thursdays 12:00pm-4:00pm**. Uniform is to only be purchased from the College uniform shop to ensure ‘uniformity’.

The vast majority of our students wear their uniform with pride which has been commented on to me by visitors. Some students, however, need to attend to various matters.
AEROSOL DEODORANTS, SPRAYS AND PERFUMES
The same also applies to aerosol cans which are potentially hazardous to some people’s health, resulting in hospitalisation if inhaled. They too will be confiscated.

“Aerosol sprays and perfumes can act as a trigger to a serious asthma attack, eczema or bring on a severe migraine in a sensitive individual. The allergy can be sufficiently serious to put a student into anaphylactic shock if an aerosol can has been used anywhere in the student’s vicinity. This can be a life threatening situation. The chemicals in aerosol sprays can also cause discomfort and irritation to eyes, nose, skin and upper respiratory tract. They may also impair breathing and cause brain damage. The flammable properties of aerosol sprays provide a further risk to staff and student safety if such items are deliberately misused for pranks, causing harm to others and damaging school property.”


The hidden dangers of deodorant sprays: Headaches. Eczema. Asthma. Even fatal heart problems

Parents, students and staff, we thank you for your support in ensuring we cohabit a safe teaching and learning environment.

Mr Phil Tarrant, Deputy Principal (Secondary School)

HATS: Particularly important in the summer Terms 4 and 1, is that all staff and students must wear a hat whenever outside in the sun. The wearing of a hat is non-negotiable and not subject to the two-week grace period as it is a matter of sun-safety and the College’s legal duty of care.

GIRLS’ DRESSES: Summer dresses need to reach the knees and the tie at the back is not to be modified. If the dress is now too short, please either take the hem down or purchase another larger one that will last for this term and Term 1.

BOYS: Must be clean shaven and if choosing to wear a jumper must also wear their tie. Students are not to mix and match winter and summer uniforms.

SAFETY ISSUES: Banned Substances and Items

HIGH ENERGY DRINKS
High energy drinks are banned from the College, as they are potentially dangerous and not beneficial for the learning environment at College. They will be confiscated. If opened, they will be thrown away. If unopened, they may be returned to the child’s parent.

See:
Jamie Oliver wants energy drinks banned for kids, as frightening Australian statistics emerge

High energy drinks putting high school students in hospital

Caffeine and Energy Drinks

Energy Drinks Fuelling rise in bad behaviour in schools, warn teachers. Parents are also told that caffeine and sugar packed highs could lead to drug use
Playford Library Robotics

At Playford Library, we are excited to announce that in Term 4 we will be commencing a series of Robotics (STEM) Workshops as part of our new Robotics Club.

If you know of a student or students in your class who have an interest in STEM, Coding, Robotics etc., then this is the workshop for them.

Workshops will be held on a Monday from 5:00-7:00pm at Stretton Centre Library, 307 Peachey Road, Munno Para.

Each workshop is traditionally $35pp, however, the Playford Library and Stretton Centre are subsidising this, making each workshop only $10pp ($100pp for the 10 week workshops series). This is a fantastic opportunity to allow your students to be involved in a popular and exciting field of study!

OSHC

In October vacation care, we did the following:
- Saw “Captain Underpants” and “Emoji Movie” at the cinema
- Made a piñata for Mexico Day
- Rev It Up Racing visited our service with their racing simulators
- Plaster painting
- Made tacos
- Plus many other activities

Along with the Vacation Care program, we also provide other activities including construction, drawing, painting and colouring in, creative experiences, card games, board games, home corner, movies, Play Station 2, Wii, plus many more. We try to incorporate some physical activity into every session e.g. dancing, gym, sports or playground.

Ms Hazel Jones, OSHC Director

OSHC HOURS AND FEES

Before School Care 6:30am-8:30am $15 per session
After School Care 3:20pm-6:30pm $20 per session

Enquires to the College Office on 8287 1111 or to Hazel Jones (OSHC Director) 0490 113 631

Child Care Benefit Refund available where applicable.

Saver Plus Continues to Assist Families with Education Costs

Saver Plus is a free matched savings and financial education program that matches participants’ savings, dollar for dollar, up to $500, for education costs such as uniforms, excursions, sports and music fees and equipment, and laptops.

People may be eligible to join Saver Plus if they meet all the following the criteria:
- be over 18 years old;
- have a Centrelink Health Care or Pensioner Concession card;
- have some regular income from work (themselves or their partner) including casual, part-time, full-time or seasonal employment; and
- have a child enrolled at school (or enrolled to start school), or attend vocational education themselves.

Free Autism Workshop

Leaf Autism Services is an SA based company that provides training, therapy and consulting services to schools, early years settings, community workers, professionals, children, young people, and of course, Autism families. They value the role of each family in the individual’s life and so work in partnership in all that they do.

They are committed to supporting our families and offer free workshops because they understand the many financial responsibilities that each household has and value your inclusion. Their presenters have exceptional experience in working with the ASD community and have both clinical and education backgrounds. The Leaf Approach is applied to everything that they do as it places the individual at the core of our service. In this free workshop, they will introduce you to the 6 Leaf Areas; Communication, Cognitive Wellbeing, Social Wellbeing, Emotional Wellbeing, Physical Wellbeing and Sensory Wellbeing. They’ll discuss how each one is not only impacted by Autism, but the strengths that individuals can have in each area and best of all, they’ll provide you with simple strategies for home, school, childcare and out in the community.

Location: Playford Uniting Church
Time: 12:30-2:30pm
To Book: Register online at www.leafautismservices.com
## College Calendar - Important Dates

### Term 4

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<td>Playgroup 9.30-11.00 Year 11/12 Zoo Excursion</td>
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<td>Playgroup 9.30-11.00</td>
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<td>SACSA 6/7 Girls Netball Year 4/5 Netball OPEN DAY</td>
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<td>Year 12 Chapel for Years 1-12</td>
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<td>Year 12 Mod History Exam Reception Orientation 9.00-12.00</td>
<td>Year 12 Maths Essentials Exam Year 12 Maths General Exam Year 12 Maths Methods Exam</td>
<td>Year 12 Legal Studies Exam Chapel: Saint 1-3</td>
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